



# **ABOUT ST. XAVIER'S INSTITUTE OF EDUCATION.**

St. Xavier's Institute of Education is the oldest non-government, aided teacher-training college for the course of B.Ed. Affiliated to the University of Mumbai and recognized by the NCTE ( National Council for Teacher Education).

It prepares students for the Degree of Bachelor of Education (B.Ed.), Dip. In Early Childhood Care and Education (Dip. E.C.C.E.) and the Doctorate in Education (Ph.D.). Besides it has various extension services for students, teachers and the society.

SXIE is a Christian college, established and administered by the Jesuit Mumbai Province of the Society of Jesus. The college is under the religious jurisdiction of the Roman Catholic Archbishop of Mumbai.

The college has completed 63 years of existence in teacher training par excellence with alumni ranging from Principals of various colleges, a Vice Chancellor of Mumbai University and Heads of Department of Education.

The college aims at imparting Quality Teacher Education and all round development. The college stands for academic excellence and the development of skills and strives for character formation based on the love of God and the service of man. It seeks to educate citizens distinguished for their integrated development and sincere commitment to God and country, leading lives that are socially meaningful.

**Management, Principal, Staff and Students of SXIE..**

## **FACULTY DEVELOPMENT PROGRAM OF SXIE**

The faculty development program of SXIE has the following objectives:

- To orient the faculty on issues related to educational concerns.
- To focus on the research skills and develop the same.
- To constantly update and enrich the faculty with workshops, seminars, conferences.
- To enable the faculty to present their thoughts in the form of conceptual or research papers.

## **ABOUT THE LECTURE CONGLOMERATION**

The Lecture Conglomeration on 'Mental Hygiene-Challenges and Approaches' has been aimed at developing awareness in teachers and student teachers about mental hygiene and its influence on the quality of teaching and learning.

Teachers are mentors to students and their mental hygiene is of immense importance to the educational process. It can either make or mar an individual's day to day interactions. While focusing on scholarly endeavors and pedagogical up-gradation, teachers also need to pay attention to their mental hygiene. The conglomeration of lectures on various dimensions of mental hygiene is an initiative of the institute to reach out to the teachers and spread the message of positive mental hygiene.

**Mental hygiene**, the science of maintaining mental health and preventing the development of psychosis, neurosis, or other mental disorders.

**The Editors of Encyclopedia Britannica**