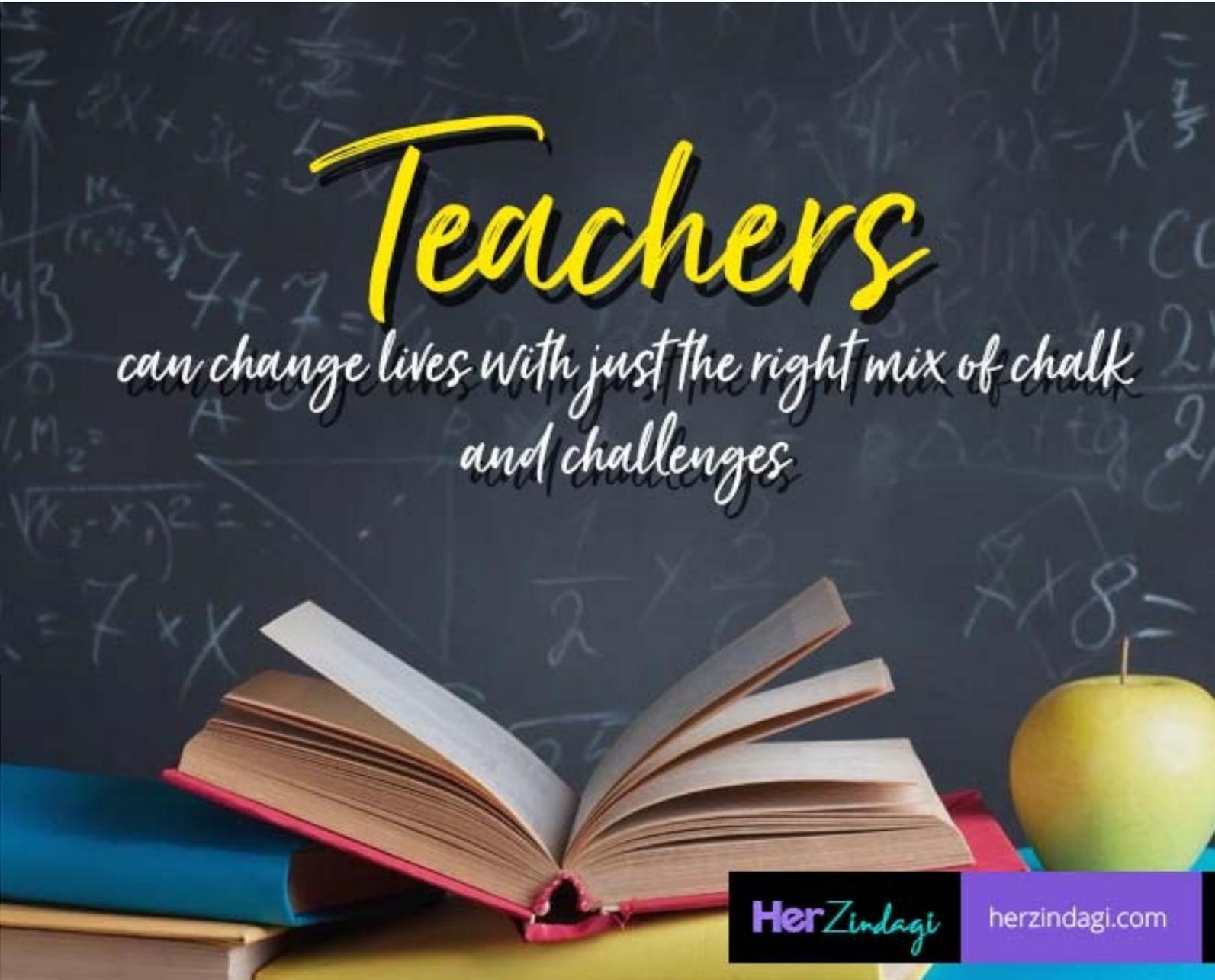


Introduction to SEE Learning

St. Xavier's Institute of Education
September 6th 2022



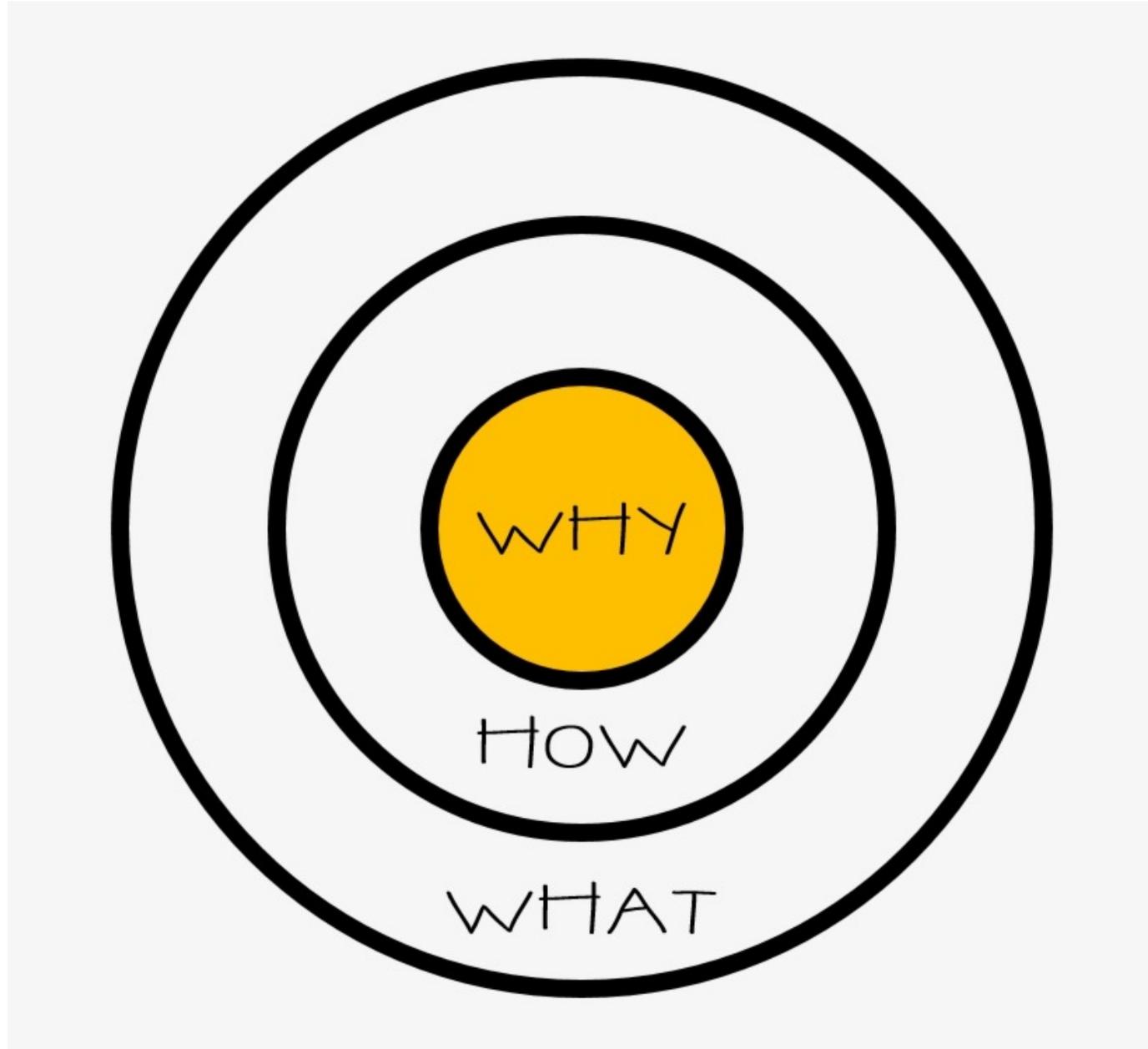
HerZindagi

herzindagi.com



Our time together today.....

- Your vision as a teacher
- My journey and experience
- Your goals for developing social emotional learning
- Introduction to the SEE Learning programme
- The way forward

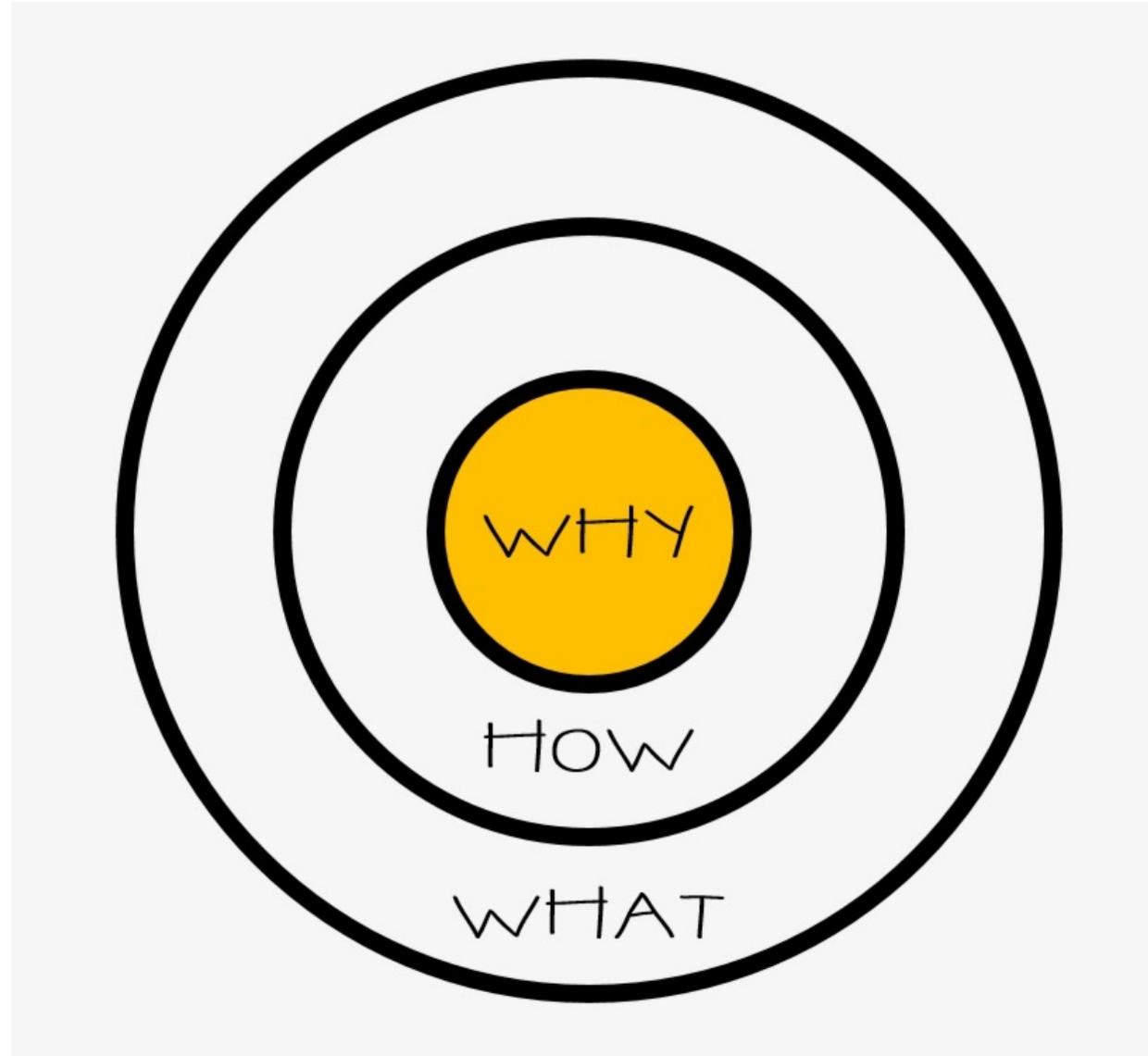


Link for video of Simon Sinek -

https://www.youtube.com/watch?v=i=89IO5M7Lc&ab_channel=EduSparkz

Reflection in groups

10 minutes to share and post on board



Our time together today.....

- Introducing and Familiarizing you with the SEE Learning Framework
- Glimpse of SEE Learning
- Exploring the way forward



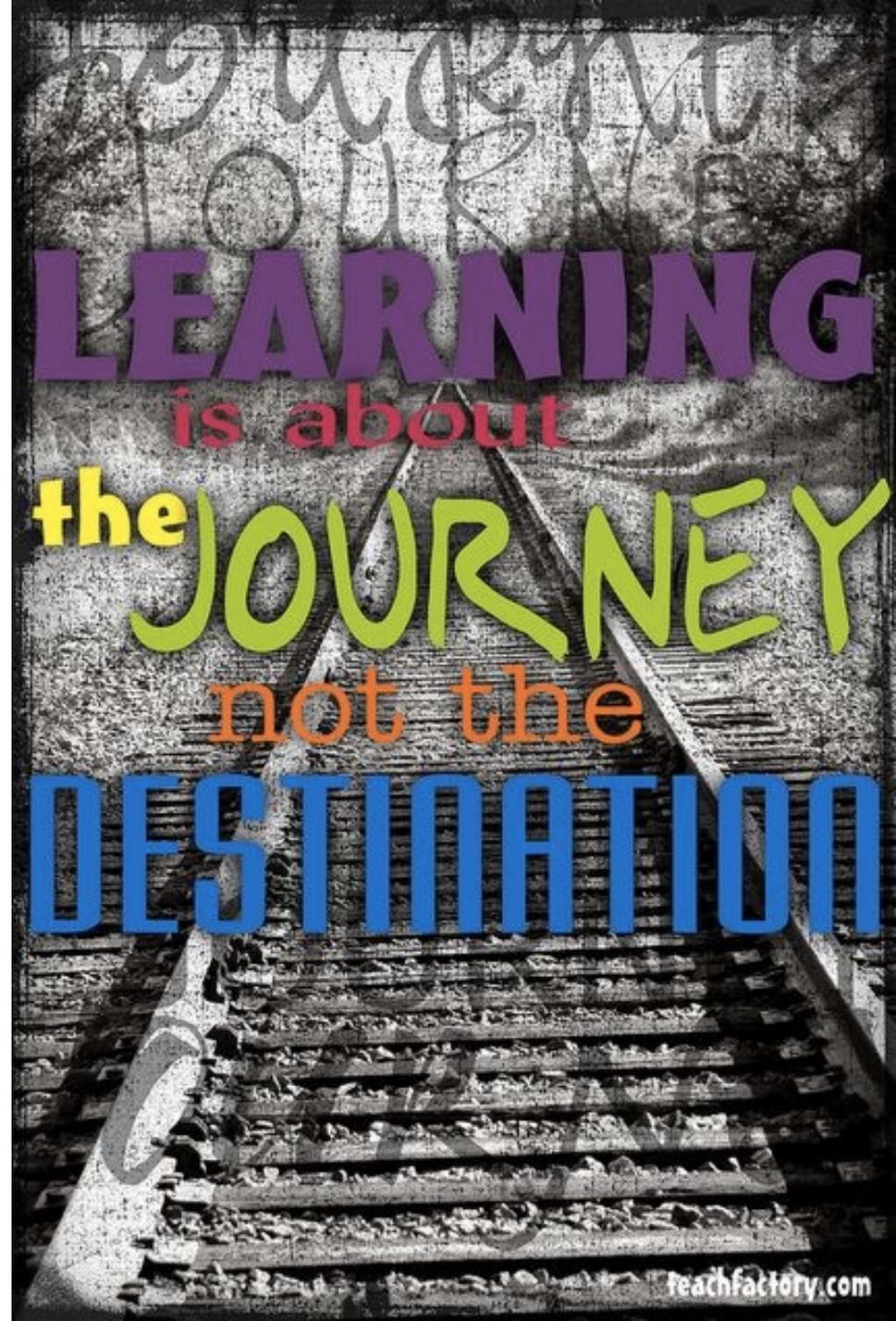
SEE Educating the
Heart & Mind
LEARNING

My journey

*When I took the first steps on my SEE Learning journey,
I felt I was undergoing what might be the biggest journey as an educator.*

SEE Learning India is a collaboration of

 MAX INDIA FOUNDATION and Emory University



teachfactory.com

How to create a new world through education of the future generations?



More ethical, more compassionate and inclusive, more engaged for the good of the world.

Principle of SEE Learning....

The SEE Learning framework is grounded in the principle of compassion –

How do you understand compassion? Responses.....

...the **desire to alleviate the distress** or adversity of others, arising from **sensitivity** to their challenges and rooted in **warm-heartedness**.

Compassion is...

Affective – a feeling of warm heartedness and closeness

Cognitive – awareness and understanding of someone's suffering

Motivational – desire or wish to alleviate the suffering

Creating a compassionate school environment

*Dr. Kimberly Schonert-Reichl talks about **educators as emotional contagions**.*

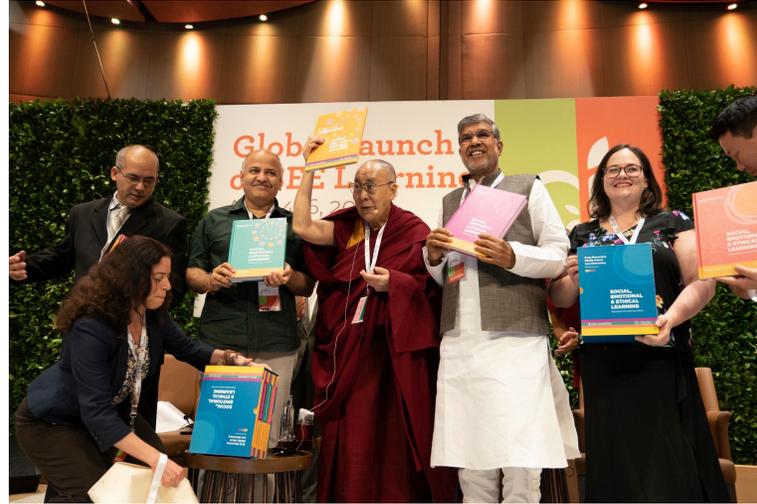
Power dynamics suggest that those holding greater power, teachers in the case of classrooms, have a great contagious effect, reinforcing the notion that teacher awareness and wellbeing is proportional to increased wellness of a classroom.

Link of educating the heart -

https://www.youtube.com/watch?v=66HDe_sr9FQ&ab_channel=tag.Norway

Curious to know....

What are some of the qualities you think are essential for students to cultivate?



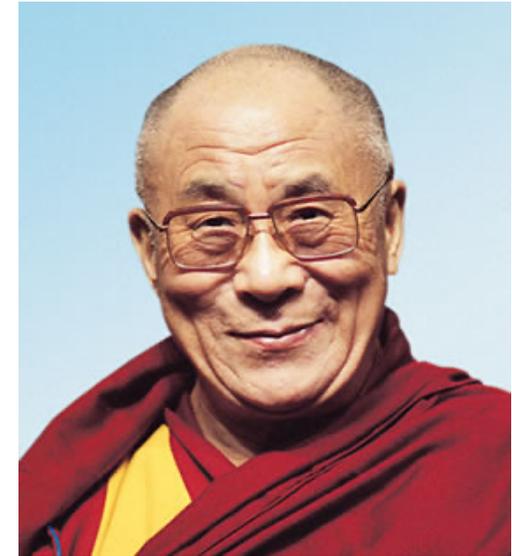
The SEE Learning program was globally launched in New Delhi, April 4-6, 2019 in the presence of Nobel Peace Laureate His Holiness, Dalai Lama and over 1,000 educators, educational policy advocates, children, and changemakers from over 37 countries.

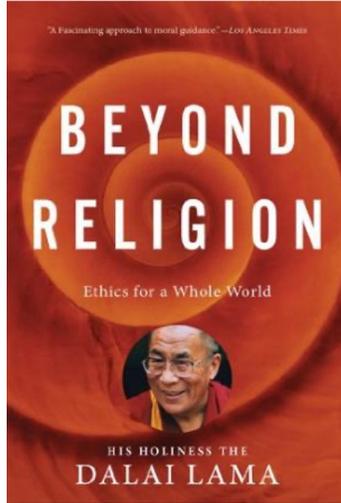
“A revolution is called for, certainly. But not a political, an economic, or even a technical revolution. We have had enough experience of these during the past century to know that a purely external approach will not suffice. What I propose is a spiritual revolution.”

“Compassion and love are not mere luxuries. As the source both of inner and external peace, they are fundamental to the continued survival of our species.”

"We need an approach to ethics that can be equally acceptable to those with religious faith and those without. We need a secular ethics."

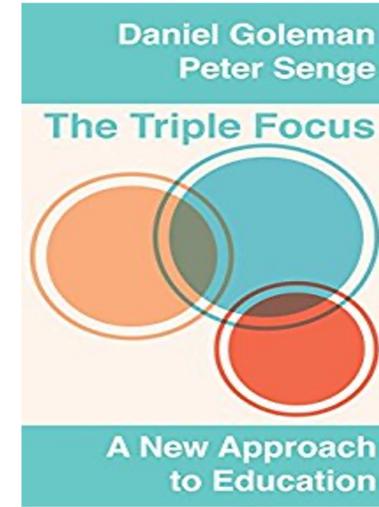
The Need for Educating the Heart





Framework content derived from The Dalai Lama's writings on secular ethics.

Framework structure modeled after Daniel Goleman and Peter Senge's The Triple Focus.



Expert Advisors



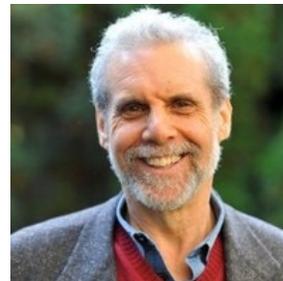
Mark Greenberg,
PhD
Penn State University



Geshe Thupten
Jinpa, PhD
McGill University



Linda Lantieri
CASEL; Columbia University



Daniel Goleman,
PhD
Author of *Emotional Intelligence*, *Social Intelligence*, and *A Force for Good*; Co-author of *The Triple Focus*



Rob Roeser, PhD
Penn State University



Kimberly
Schonert-Reichl,
PhD
CASEL; University of British
Columbia



Elaine Miller-Karas
Trauma Resource Institute

What is SEE Learning?

A comprehensive framework and curriculum to teach
awareness, compassion and engagement
to children in educational settings across the globe.

What is SEE Learning?

- **Social, Emotional, and Ethical (SEE) Learning is an innovative K-12 education program developed by Emory University.**
- SEE Learning™ provides educators with the tools they need to foster the development of emotional, social, and ethical intelligence for students and themselves.
- This program provides educators with a developmentally-staged curriculum consisting of easy-to-implement lessons, the conceptual framework used to design the curriculum, and resources for educator preparation and development.
- SEE Learning empowers students to engage ethically as part of a global community and provides educators with the tools to support student well-being.

What is SEE Learning?

SEE Learning™ represents the state of the art in education by enhancing SEL programming with key additional components, including:

- attention training
- compassion and ethical discernment
- systems thinking
- resilience and trauma-informed practice

STEP

01

Take the Orientation

Embark on your SEE Learning Journey with SEE 101: Orientation or explore the resources section for sample learning experiences, practices, and tip sheets.

Sign Up for SEE 101

STEP

02

Download the Curriculum

After completing SEE 101: Orientation, you will have full access to the SEE Learning Curriculum.

STEP

03

Connect to the Community

We are a constantly-evolving global community of educators and researchers, working towards a more compassionate future.

Contact SEE Learning

SEE Learning India is a collaboration of



and Emory University

Your journey

All teachers will complete SEE Learning 101 and beyond together.
This is a value added 35 hour course.

After you complete SEE 101, you may download the curriculum for
your section.

SEE Learning in our classrooms – we will speak about the
implementation during and towards at the end of the training.



<https://www.seelearningindia.com/Home/about>

A heartfelt
Thank You 