



ST. XAVIER'S INSTITUTE OF EDUCATION (AUTONOMOUS), MUMBAI

NAAC Re Accredited A Grade

Jan 22, 2023

Report on Orientation to Co-Curricular Activities (CCA)

Co-Curricular Activities (CCAs), also known as extracurricular activities, are an integral part of the educational experience. These activities complement the academic curriculum and offer students opportunities to develop skills, pursue interests, and engage in a wide range of non-academic pursuits.

CCAs are an essential component of holistic education, providing various benefits to students, such as:

1. **Skill Development:** CCAs enable students to develop a diverse set of skills. Whether it's sports, music, drama, or debating, these activities help students enhance their abilities and talents beyond the classroom.
2. **Personal Growth:** Participation in CCAs promotes personal growth and character development. Students learn about teamwork, leadership, time management, and responsibility, which are valuable life skills.
3. **Social Interaction:** CCAs provide opportunities for students to interact with peers who share similar interests, fostering the development of friendships and a sense of belonging within the school community.
4. **Community Engagement:** Some CCAs involve community service or outreach, instilling a sense of social responsibility and contributing to a student's awareness of societal issues.
5. **Cultural Awareness:** CCAs that focus on cultural and artistic pursuits can foster an appreciation for diversity and different cultures.

An induction to proposed Co-Curricular activity was conducted by Mrs Priti Ma'am and Dr Bijoy Sir on 20th January, 2023. At the multipurpose FY B.Ed Classroom, St Xavier's Institute of Education. Mrs Priti opened the session by asking students why co-curricular activities are important for individuals? To which the students replied that it is important for all round development, helps refresh the mind, enhances skills and will also help students to one day conduct/host a Co-curricular activity. Satisfied by the responses Ma'am moved on to the objectives of this activity, they were displayed on the screen, while ma'am explained each one.

The purpose of this activity will be to display creative potentials, to take action on this year's theme which is Holistic education for valuing Diversity, help student teachers be more action oriented, understanding and develop planning and life skills. So this year's activity is a Musical play that



must have sub-themes of Inclusiveness, Cultural Diversity, Occupational Diversity and Holistic Education. Students are expected to present their play in 20 minutes, there must be a perfect blend of Dialogues (English) and songs (Hindi and English). To carry out this activity the class will be divided into 4 groups and those groups will be further divided into 8 groups. Students were added to these 8 groups on a lottery basis, our instructors had picked out roll numbers beforehand.

Each group will also be given a mentor teacher who will guide them through the action plan of the play. After the division of the groups, the students sent one representative from each group, to pick their themes which was again on lottery basis. Our instructors selected a lottery system so that there is no bias and each student gets a chance to display their talent. At the end of the presentation students were given a breakup of marks and on what basis they would be graded.



Umaima Charbiwala
F.Y Batch 2022-23

Dr. Bijoy K Thomas
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Faculty Coordinators

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St. Xavier's Institute of Education (Autonomous), Mumbai

NAAC Re-Accredited with 'A' Grade



F.Y B.Ed. Students 2022 - 23
Presents

CO - CURRICULAR ACTIVITY

Theme :
HOLISTIC EDUCATION FOR
VALUING DIVERSITY

Date

11th March, 2023

Time

10:30 am to 3:10 pm

Venue

St. Xavier's Institute of Education
3rd floor, Multipurpose Hall
40A, New Marine Lines,
Mumbai-400020

Dr. Vini Sebastian
Principal In-charge

Dr. Bijoy Thomas & Ms. Pritis
Faculty Coordinators



Themes for Musical Play

1A-Topic: Inclusiveness
Title: Being Yellow

1B-Topic: Holistic Education
Title: Learning for Spirit, Body & Mind

2A-Topic: Holistic Education
Title: The Coalesce

2B- Topic : Inclusiveness
Title: Hum साथ साथ hai'

3A-Topic: Occupational Diversity
Title: The last drop

3B-Topic: Cultural Diversity
Title: Together in harmony

4A-Topic: Cultural diversity
Title: Colours of India

4B-Topic: Occupational Diversity
Title: Who am I?

Dr. Vini Sebastian
Principal In-charge

Dr. Bijoy Thomas & Ms. Priti S
Faculty Coordinators