



# ST. XAVIER'S INSTITUTE OF EDUCATION (AUTONOMOUS), MUMBAI

NAAC Re Accredited A Grade

Jan 22, 2023

## Report on Orientation to Co-Curricular Activities (CCA)

Co-Curricular Activities (CCAs), also known as extracurricular activities, are an integral part of the educational experience. These activities complement the academic curriculum and offer students opportunities to develop skills, pursue interests, and engage in a wide range of non-academic pursuits.

CCAs are an essential component of holistic education, providing various benefits to students, such as:

1. **Skill Development:** CCAs enable students to develop a diverse set of skills. Whether it's sports, music, drama, or debating, these activities help students enhance their abilities and talents beyond the classroom.
2. **Personal Growth:** Participation in CCAs promotes personal growth and character development. Students learn about teamwork, leadership, time management, and responsibility, which are valuable life skills.
3. **Social Interaction:** CCAs provide opportunities for students to interact with peers who share similar interests, fostering the development of friendships and a sense of belonging within the school community.
4. **Community Engagement:** Some CCAs involve community service or outreach, instilling a sense of social responsibility and contributing to a student's awareness of societal issues.
5. **Cultural Awareness:** CCAs that focus on cultural and artistic pursuits can foster an appreciation for diversity and different cultures.

An induction to proposed Co-Curricular activity was conducted by Mrs Priti Ma'am and Dr Bijoy Sir on 20th January, 2023. At the multipurpose FY B.Ed Classroom, St Xavier's Institute of Education. Mrs Priti opened the session by asking students why co-curricular activities are important for individuals? To which the students replied that it is important for all round development, helps refresh the mind, enhances skills and will also help students to one day conduct/host a Co-curricular activity. Satisfied by the responses Ma'am moved on to the objectives of this activity, they were displayed on the screen, while ma'am explained each one.

The purpose of this activity will be to display creative potentials, to take action on this year's theme which is Holistic education for valuing Diversity, help student teachers be more action oriented, understanding and develop planning and life skills. So this year's activity is a Musical play that



must have sub-themes of Inclusiveness, Cultural Diversity, Occupational Diversity and Holistic Education. Students are expected to present their play in 20 minutes, there must be a perfect blend of Dialogues (English) and songs ( Hindi and English). To carry out this activity the class will be divided into 4 groups and those groups will be further divided into 8 groups. Students were added to these 8 groups on a lottery basis, our instructors had picked out roll numbers beforehand.

Each group will also be given a mentor teacher who will guide them through the action plan of the play. After the division of the groups, the students sent one representative from each group, to pick their themes which was again on lottery basis. Our instructors selected a lottery system so that there is no bias and each student gets a chance to display their talent. At the end of the presentation students were given a breakup of marks and on what basis they would be graded.



Umaima Charbiwala  
F.Y Batch 2022-23

Dr. Bijoy K Thomas  
Ms. Priti S.  
Faculty Coordinators

*Sebastian*



# St. Xavier's Institute of Education (Autonomous), Mumbai

NAAC Re-Accredited with 'A' Grade



F.Y B.Ed. Students 2022 - 23  
Presents

## CO - CURRICULAR ACTIVITY

Theme :  
HOLISTIC EDUCATION FOR  
VALUING DIVERSITY

Date

11<sup>th</sup> March, 2023

Time

10:30 am to 3:10 pm

Venue

St. Xavier's Institute of Education  
3<sup>rd</sup> floor, Multipurpose Hall  
40A, New Marine Lines,  
Mumbai-400020

Dr. Vini Sebastian  
Principal In-charge

Dr. Bijoy Thomas & Ms. Pritis  
Faculty Coordinators



# Themes for Musical Play

**1A-Topic: Inclusiveness**  
**Title: Being Yellow**

**1B-Topic: Holistic Education**  
**Title: Learning for Spirit, Body & Mind**

**2A-Topic: Holistic Education**  
**Title: The Coalesce**

**2B- Topic : Inclusiveness**  
**Title: Hum साथ साथ hai'**

**3A-Topic: Occupational Diversity**  
**Title: The last drop**

**3B-Topic: Cultural Diversity**  
**Title: Together in harmony**

**4A-Topic: Cultural diversity**  
**Title: Colours of India**

**4B-Topic: Occupational Diversity**  
**Title: Who am I?**

**Dr. Vini Sebastian**  
**Principal In-charge**

**Dr. Bijoy Thomas & Ms. Priti S**  
**Faculty Coordinators**

# Feedback CCA Activity\_2023\_FYB.Ed

41 responses

[Publish analytics](#)

## Student Name

41 responses

Noretha Chettiar

Shobha

Umaima Charbiwala

Achsah Kottaidurai

Umar

Rebecca Coutinho

Rosmi George

Andrea Oswald

Candice Falcao

Janice Lobo

Akshay Rao

Priya Collaso

Arotha Hency Johnson

Ann Miranda

Allina Pereira

Sinera Gonsalves

Shivani Shukla

Simran Singh

Zarah Nekoo

Aditi

Analise Dias

Selsina Dodti

jesni joseph

Alisha Pereira

Sarah Ansari

Creamita Dsilva

Khadija Naalwala

Vedika Pandya

Jeril

Gladys Chettiar

Flevina Domnic Miranda

Patricia Sequeira

Maria Shaikh

Sania Gonsalves

Ms Caroline Gloria

Ayesha

Shruti Shukla

Maria Misquitta

Rashida Bharmal

Arpit D'mello

Aleena Babu

## Roll Number

41 responses

12

24

09

01

45

15

42

37

20

30

41

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6

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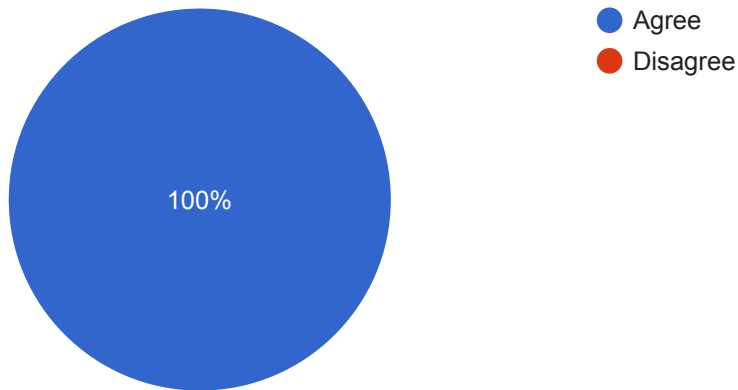
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10

### 1.Orientation of the Program was well done

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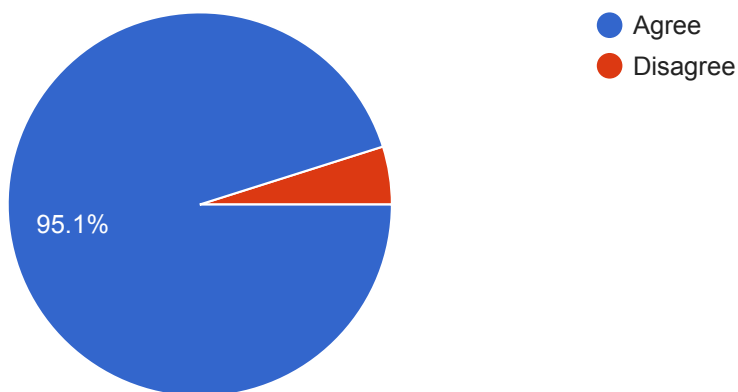
41 responses



### 2. Musical play was a good way to present the CCA program

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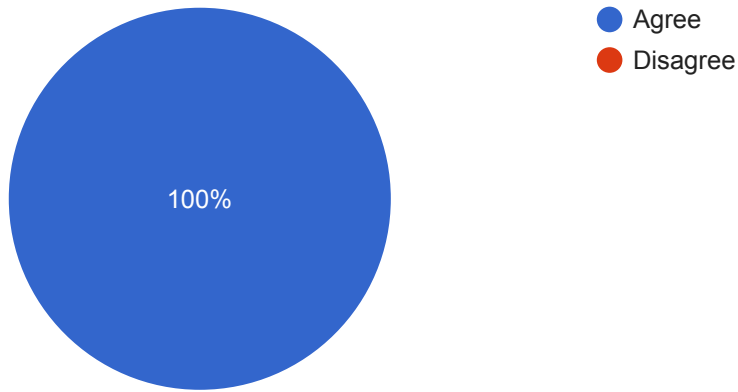
41 responses



### 3. The Input session on CCA was clear and well understood

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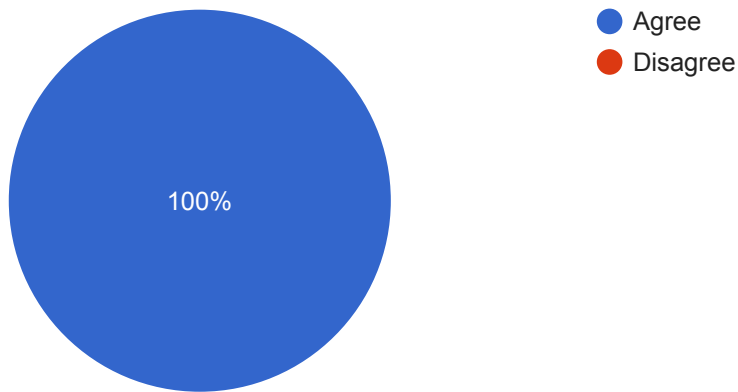
41 responses



### 4. The execution of the program was well managed

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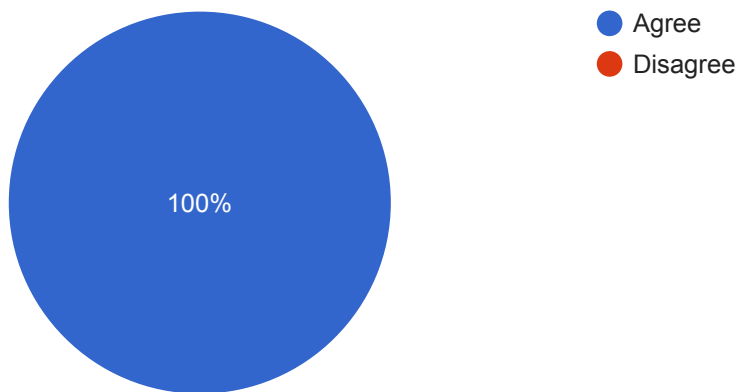
41 responses



### 5. Sufficient time was given for Practice

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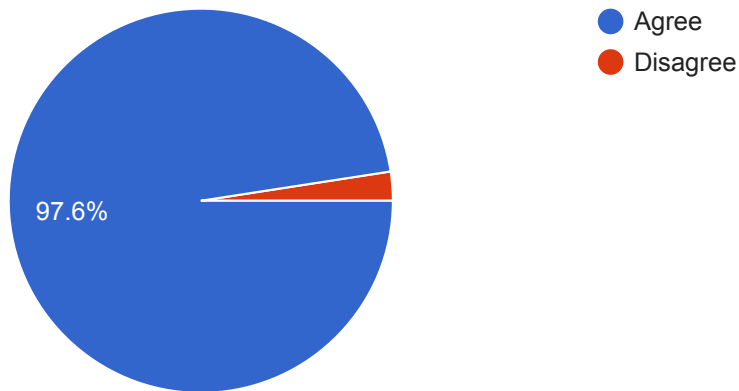
41 responses



### 6. Time allotted for the CCA presentation was sufficient

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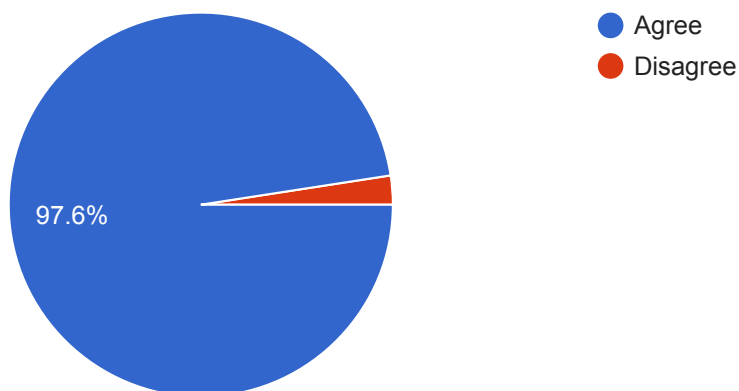
41 responses



### 7. Technological arrangement for the CCA program was well arranged

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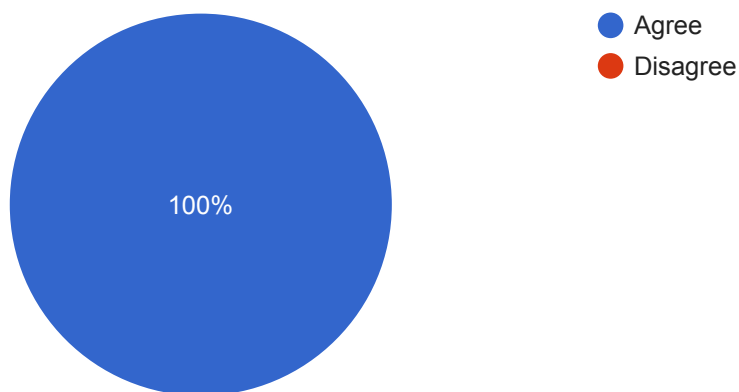
41 responses



### 8. The teacher in-charges were very supportive throughout the program

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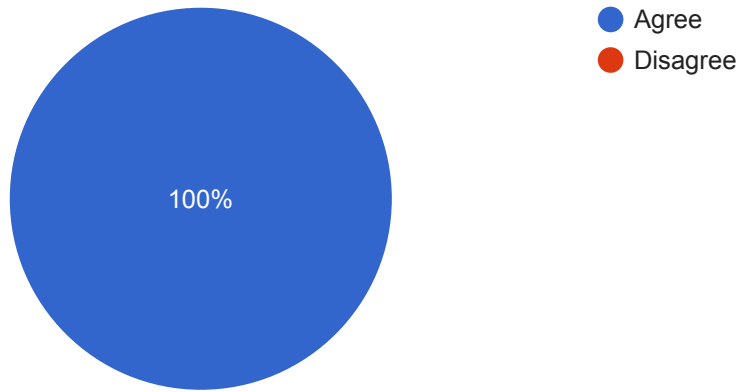
41 responses



### 9. The feedback received by the supervisor in-charge was worthwhile



41 responses



### 10. Any other suggestions

41 responses

- NA
- Na
- 
- .
- None
- No
- na
- None
- Very thoughtful way of selection of the co curricular activity
- No well done
- No, thank you
- N/A

Instead of asking everyone to perform as actors , we could have 1 play with departments like costume design, set design , script writing etc

Next time instead of Musical Skit keep it as Skit since most of the groups presented a skit.

I wish to have such other programs in my academic year because it personally help me to collaborate with peers and polished my skills. It's nice way to inculcate theory into art and drama.

No suggestions

no

No suggestions.

No suggestions, a very Well organized program.

Time could be extended.

Nope

People should be allowed to form their own groups

None.

## Sharing of Experience

1. Why do you think training in co-curricular activity is important as a B.Ed teacher

41 responses

It will help to draw out our creativity which will help us to conduct such functions in schools

To develop skills and confidence, To engage students in activities and to create an enthusiastic learning environment.

To overcome stage fright, learn how to improvise if something goes wrong, co-ordination within the group, communication skills

Teachers should be well trained in co-curriculum.

To get exposure, to collaborate with others.

It helps us understand the way we are supposed to guide our future students

A teacher would not only teaching but managing many other activities in a school. He/she should be equipped for that.

For personal skill and talent development, exposure to new experiences, as well as learning what it takes to set up performances and activities for the students in schools

Along with the efficiency to teach syllabus teacher should also know how to conduct activities and sometimes they also have to teach co- curricular activities.

It's important because it helps develop practical skills that are required for to be competent enough in the teaching field

For holistic development

As the teacher later uses the same skills to students

It is important to develop other skills along with the regular studies as if will help in giving training to students for such co curricular activities

All round development as a teacher.

Because it helps teacher to conduct,learn and manage different aspects of activities.

To enable students to learn different skills

- To draw out skills of students.
- Encourage students to participate.
- Know the difficulties and challenges in preparing so that we can solve problems.

So that we learn to manage and handle things on our own.

It gives us an all round development. It also shows us how important it is to do it with our students in the future.

To inculcate skills in us.

Because it helps us explore our talent and learn new skill moreover we have to conduct such skits in future so it will be helpful for us

To build confidence

co-curricular activities provide opportunities for teachers to connect with their students outside of the traditional classroom setting. This can help to build stronger relationships between teachers and students, which can lead to a more positive and supportive learning environment.

It is important for the overall development of the individual.

So that we take help of such activities in teaching instead of just lecture method

Co-curricular activities support students' overall growth and the growth of critical thinking abilities.

Apart from academics, co-curricular activities help in holistic development of a teacher. As student teachers if we practice it, we will be able to make our students practice in the schools

It is important so that the future teacher can make use of the skills learnt in co-curricular activity in his/her school and classroom. It also helps in bringing self confidence in the student teacher.

as a teacher we will be supervising and managing various events at school, thus it is important

To manage a group, take responsibility for actions.

I feel co curricular activities help develop an individual holistically making them expose to skills such as creative thinking, time mangement, team work, and many more which is very important for teachers.

I think co-curricular activity is important, because it helps in enhancing the other areas of development in the child like social, emotional, mental, etc

It helps us to give things which we've avoided so far.

Co curricular activity helps to understand all students and their talents.

As future teachers we need to know the importance and relevance of co curricular activities

So that we can implement it in our class as well

It give us opportunity to express our talent and learn from others, along with that increases

opportunity for collaboration.

Because as a teacher we'll not only be involved in the academics but also in the Cocurricular Activities.

As teachers have to teach in various forms

To have an overall learning experience.

For a B.Ed. teacher, syllabus completion and teaching is not the only criteria to be a good teacher. Along with that, helping mould the students holistically is important which includes art and craft, co curricular activities, sports, etc. and therefore the teacher should be well versed or should have the basic knowledge and skills required.

## 2. Describe what you have gained through the co-curricular activity from planning to presentation

41 responses

Dialogue formations, audio editing skills

Confidence, decision making, credits

I learnt that everything has to be pre-planned in a proper compartmentalised order so that we can make time for all the aspects of being a teacher

Leadership, teamwork, new skills like dancing

Time management, collaboration with the group.

The importance of teamwork, script writing and musical plays

Team collaboration, creative presentation of a topic, skill development

Perseverance through all negatives, learning how to have multiple script options, importance of coordination and convincing abilities as teams, and overcoming fear of embarrassment

I learned how a team can work in unity to achieve desired goals. Also contribution of each member matters a lot where presentation can be done in an effective manner. Team spirit, team work and hardwork plays an important role for any event to take place.

I've definitely gained friends, I've improved on my creative thinking and my confidence has



improved as well. I also got the opportunity to come out of my comfort zone

Insights concerning Collaboration

Public speaking , acting , songs and video editing , ppt

Learned Teamwork and Co-operation with team members

Teamwork, time management, proper planning and execution .

How to conduct skits.

It was a wonderful learning experience. It taught me time management, usage of technology, etc

- Learn to work in group.
- Socialize with peers.
- Time management skills
- Get chance to know skills of each other.
- Learn to give lively effect on planning and presenting in well mannered.

How to manage and how to handle things.

Time management, leadership skills and a way to express our talents and creativity.

Time management, learning of different skills.

Got a chance to participate in skits and dance after a long time, helped me repolish my skills and helped us work with new group mates and work in collaboration

Confidence

One can develop critical planning and time management skills by organising a co-curricular activity. People can learn a wide range of abilities, including creativity, problem-solving, and communication, during the preparation stage. The presentation of a co-curricular activity offers a chance to hone performance, public speaking, and self-expression abilities.

I never knew I would be a good actor. From planning to executing the program we learned how to be together even in difficult and stressful situations

I have learned qualities like time management and team work.

I was able to be considerate of the needs and opinions of others who were part of my group as well as look at issues from different perspectives by putting myself in their shoes.

Collaborative work, team work, acting, dancing, time management skills, critical thinking while preparing script, etc

Making of script, how to portray different roles and have gained self confidence to perform in front of the crowd.

a learning experience to collaborate and work as a team, which makes our goal not getting full marks but doing the best we can with the resources we have

Confidence, group loyalty, friends.

I have gained patience, a sense of respect towards others perspective and sportsmanship. Presentation also helped me let go of my stage fear.

Time management, organizing and collaboration are few qualities that I gained through planning to presentation.

Confidence at performing

The confidence to perform in front of everyone, collaborative skills

Teamwork, patience, tolerance, listening skills

Team building , time management, confidence

I got opportunity to be part of musical skit that was one of the important learning i gained since I didn't had any idea about what musical skit is. It also help me to believe in my self and work on my abilities and potential to achieve my goals

Teamwork is very important and negotiating with the other members.

Teamwork, co ordination

Team work, creative thinking.

To present the topic, we were required to think out of the box ideas and in a creative manner. The next task was to limit the creativity to 20 minutes while expressing the thoughts and ideas in an effective manner. Coordinating and cooperating with our team members, time management, creative thinking, detailed planning of each and every aspect concerning, etc.

### 3.Explain and describe your understanding of the theme allotted to you.

41 responses

Inclusiveness was the theme allotted which helped me to know the meaning and the context of the word. It brought to light various problems in the society when we were researching about the theme allotted to us

The theme allotted to our group 2B was Inclusiveness. Inclusivity in simple words is accepting and embracing people of different ideas, perspectives, culture, gender, calibre and creating a just equal environment.

Cultural diversity- to respect and to co-exist with different cultures that exist in India is the meaning of cultural diversity

Mine topic was inclusivity. So it's about being inclusive regardless of gender, physics, language, religion, disability.

Cultural diversity in India.

My theme was cultural diversity and while working on it I learnt alot of insights on the cultural diversity in India and the perspectives of it

Occupational diversity was the theme allotted to our group. And we were focusing on creating something where different occupations contribute for a better cause and the diversity was not just the diversity by name but it can be a matter of unity as well.

The theme allotted to our group was Occupational Diversity which shows how different operations and jobs are required to enable the functioning of a society and economy, as well as personal self actualization. Instead of fighting over differences or who is better, the solution lies in unity and allocation of roles for the greater collective good.

We were allotted the theme holistic education where the teacher should focus on overall development of the student and also provide opportunities for student centric education.

Inclusiveness was the theme allotted to me. I think the idea of inclusion is very important in today's world. We need to be accepting towards everyone rather than holding any stereotypes against them

Occupational Diversity was my theme, my awareness is the theme increased

The theme for our group was cultural diversity. We had to present how different cultures come

together to blend beautifully

Holistic Education for body,mind and soul

The theme of our CCA was TOGETHER IN HARMONY under the topic Cultural diversity taken from the theme of the institution HOLISTIC EDUCATION FOR VALUING DIVERSITY. India is a land of diversities. This diversity is also visible in the spheres of religion. Cultural diversity is about appreciating that society is made up of many different groups with different language, religions, food habits etc.

Through our skit we displayed cultural diversity through different castes and also displayed unity in diversity through train journey of Mumbai local, food habits of Mumbai city and how people of various cultural group reside together in harmony.

The social, emotional, physical, mental, and intellectual growth of a person. Taking a holistic approach to education means focusing on all aspects of a child's growth, not just their academic advancements.

We were allotted the topic of Cultural Diversity. India being a pluralistic society, it is essential to appreciate and accept differences that exist.

So my group got theme of 'Inclusivity'.

In general inclusivity means the practice of creating an environment or culture that values and respects the diversity of all individuals, regardless of their race, ethnicity, gender, sexual orientation, age, religion, disability, or any other personal characteristic.

The theme help me to know the various dimensions of classroom environment including child health issues, economic conditions and all which we generally neglected. Inclusivity helps me to accept individual differences and there uniqueness which make class more friendly and healthy.

Teh various different cultures and how instead of having difference people accept those changes and stay with it.

My theme was that of Holistic Education and that meant focusing on other aspects of school as well and not just studies in order to have full development.

Holistic education

My theme was inclusiveness and inclusiveness means including everyone, no matter the caste, gender, religion, region and disabilities

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occupational diversity helps to ensure that the economy is diverse and resilient, as it reduces the risk of over-reliance on a single industry or sector. This can help to create more stable and sustainable employment opportunities.

Our CCA presentation theme was cultural diversity- how to involve various culture and integrate them together in our daily lives.

Inclusivity means being open to everyone and not discriminating anyone. Creating an environment where everyone feels safe, seen and accepted.

My theme was inclusiveness. As per me it basically means providing everyone equitable opportunities everywhere. We are all human after all. Just because some people are a bit different in terms of their gender, sexuality, disability, etc. doesn't make them any less entitled than any particular group.

The theme allotted to my group was "Cultural Diversity". Cultural diversity refers to the various cultures existing in harmony together in a region/country. It displays the diversity of different cultures.

Occupational diversity is seen everywhere around us. It is important to know about different occupations and their value, contribution to the society and importance. It is important to introduce young minds to these various diverse occupations, so that they come to know about them and respect each and every occupation.

my theme was inclusiveness which deals with practices, services and opportunities that include all irrespective of their social, cultural, ethnical, religious and other background, inclusiveness is about including everybody even though different and being tolerant of each other to make each other a better version of themselves. It is often overlooked, but is a very important quality one must have as it makes us better human beings

Holistic development - Overall development of the child

Holistic education or development according to me is understanding of considering all the aspects of an individual and not just their academic performance.

Our topic which was Holistic Education- The Coalesce  
The term Coalesce which basically means the coming together of elements to form a whole.

The topic meant that we need to focus on the overall development of the child, which includes focus on the cognitive, emotional, mental, social and spiritual aspects which is needed for a better future of the child.

The theme allotted to me was occupational diversity. By this theme I understood that every

occupation is unique in its own way and a blend of it is necessary to live our life.

My theme was cultural diversity so I got to know about different cultures and their way of thinking.

Together we can achieve our goals in a more creative manner

India is a diverse country where people of different culture live together in harmony and we see unity in diversity. The theme allotted to me was cultural diversity. The term "cultural diversity" refer to having different cultures respect each other's differences. And value each other and live with each other in harmony.

Our theme was holistic education which is nothing but how there is need for the shift in education field from teacher centric to student centric. Holistic education focuses on overall development of individual where heart soul and body is given equal importance rather than marks and grades.

Cultural diversity refers to the diverse range of cultures present and how they coexist.

Holistic education was the theme allotted to us and it taught me that education should be provided in all areas of development and not only in the cognitive area

Holistic Education - Not just traditional but an all round type of education for spirit, body and mind.

Holistic Education was the theme allotted to my group and my understanding of the topic was the overall education being provided to the child covering physical, emotional, moral, social and cognitive dimensions

#### 4. Describe how the CCA presentation has helped you to infuse the theme within you

41 responses

Through reading about the theme, we were made aware of various situations which we then tried to present it through the musical play

It helped to respect and adjust with people of total different perspectives and thoughts. Doing practice helped in gaining more patience in my life.

No matter what culture someone belongs to, all of us are humans in the same struggles of life and we must all be amicable to each other regardless of what are values and beliefs are and how different they are from each other.

Helped to think creative and with innovative ideas.

To be more inclusive.

It has helped me witness and observe the variety of cultures that exist in our country and around me in my day to day life

To give due respect for every occupations and when different occupations stand together without considering their disparities then better outcomes can be obtained in the society.

Through the storyline in a realistic setting, the theme was infused by thinking through different perspectives, even though we are training to be teachers. The importance different people give to different things in a same situation, the expertise and skill they can add, the relationships between all, etc could be learnt throughout the process.

Along with just bookish knowledge, knowledge about real life situations is must and learning should be student centric and overall development should be focused.

It has helped me to see the problems faced by those who aren't included in social gatherings

It didn't really, but it was an interesting opportunity

I started to read about practices of other cultures and understand them better

As a future teacher it has given us an idea on how we can include holistic curriculum in our teaching

I learned how cultural differences play a very important role in an individual's life. Culture is the lifeblood of a vibrant society, expressed in the many ways we tell our stories, celebrate, remember the past, entertain ourselves, and imagine the future. Our creative expression helps define who we are, and helps us see the world through the eyes of others. In addition to its intrinsic value, culture provides important social and economic benefits. With improved learning and health, increased tolerance, and opportunities to come together with others, culture enhances our quality of life and increases overall well-being for both individuals and communities. Cultural diversity is important because our country, workplaces, and schools increasingly consist of various cultural, racial, and ethnic groups. We can learn from one another, but first, we must have a level of understanding about each other. Learning about other cultures helps us understand different perspectives within the world in which we live. It helps dispel negative stereotypes and personal biases about different groups.

It will help in looking beyond the boxes and not promote the stereotypes that exist since centuries.

The theme helps me to consider each individual uniqueness and treating all respected and supported.

Being a future teacher I can accept each individual irrespective of their caste, class, gender, sex orientation, age, disabilities, and other personal experiences.

To accept with their differences and learn from different cultures

The theme imbibed in us the importance of not only focusing on studies and cognitive development but other development as well such as social and emotional.

Learning through uniformity

It has helped me to be more open to all and have an attitude towards being more inclusive to all

Good

Participating in a co-curricular activity presentation provided me with a hands-on, experiential learning opportunity that allowed me to engage with the theme in a more meaningful way

We learned that many a times we look down at some individual due to their cultural differences but I personally learned never ever to let anyone down based on their culture since I personally went through all the criticism in the act.

CCA has helped me a lot. I took on the part of the blind man so as to remind myself how some people don't have access to certain things like I normally do such as being able to see, being able to hear, to write and understand. We take these things for granted just because they have always been there which should not be the case.

I learnt to look at the different cultures and traditions and respect them. As we worked in a team of people coming from various cultures, I also learnt how to live in harmony and make people feel viewed and safe

The CCA presentation helped by introducing the new age occupations that I was unaware of. Also it gave a brief insight on the struggles and the type of stress the people pursuing these occupations go through.



it has sensitized me towards the theme and made certain changes in my behavior and conduct with others

By being open to everything

Through the performance I realised that not only academic advancement is necessary for an individual's growth, but along with it co curricular activities which will help an individual to become a whole person should be incorporated.

The presentation of Holistic Education theme in the CCA has helped me know that overall development of a child is very important and we need to focus on all the aspects not only the cognitive development.

This helped me to understand the importance of every occupation and Teamwork.

I understood about different cultures, and this help me to understand and respect all the students from different cultures

Holistic development is good for overall development and growth which can be mental and creative

It help to understand and value diversity and live in harmony with orher

It help me to know more in detail about holistic education, it's importance and significance in today's time.

I worked with people from different cultures and learnt how to respect the differences between us.

It imbibed the importance of development of mind body and soul

I learned the significance of Holistic education and how to implement it.

As a student teacher, it helped me understand that a child needs over-all education being provided to him/her and it is every teacher's duty to ensure that.

5.As a future teacher to what extent do you think you will use the theme in your personal life

41 responses

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To ensure that the students are sensitive and do not resort to bullying or any undesirable action. To teach the pupils to be accepting irrespective of the character differences between the individuals

To large extent

I already do use it, I have friends belonging to different cultures and all of us respect each other's beliefs

I will make sure that all individuals get respected and valued and given equal rights and opportunities.

To be more inclusive.

I will use it to understand the subject I teach through a perspective that can be easy and relatable for all students as they might come from different spectrums of culture

There will be students with individual differences and differently skilled. As a future teacher I try to accept everyone equally.

This theme is relevant while guiding and observing the students' potentials towards refinement and enabling them to have a value for their lives and clarity of their futures, in terms of occupations and otherwise. It will help nurture individual differences productively to make them responsible citizens without biases, even with regard to the parents and guardians.

I'll try to personally think in all perspectives I can and see to it that I'm achieving overall development.

I'll try to incorporate everyone around me into the discussions I have and try and not be prejudiced against anyone

Unlikely I will use it much

Yes, we could have sharing of experiences and find similarities and common things between different groups

Certain aspects of holistic education like music, art, dance and meditation can be used for experiential learning in personal life

Cultural diversity helps us recognize and respect "ways of being" that are not necessarily our own. So that as we interact with others we can build bridges to trust, respect, and understanding across cultures.

Furthermore, this diversity makes our country a more interesting place to live in. As people from diverse cultures contribute language skills, new ways of thinking, new knowledge, and different experiences.

It will help me to teach in holistic way

The structure of society is always going to be multicultural no matter how much we evolve therefore it is important to always being open to accepting everyone the way they are.

At a large extend I will try to use this theme in my personal life and classroom condition.

To make students understand about various cultures in our country.

The theme allotted to me would be used to a great extent in my personal life as a future teacher.

I will practice inclusiveness in my life.I will not discriminate against anyone on the basis of caste, religion and gender.

a teacher might seek out diverse perspectives and experiences by networking with professionals from different backgrounds or attending conferences and workshops focused on occupational diversity.

In personal life we can connect to people and try to understand them even in small issues

I will make sure to be inclusive in my day to day life and not judge people.

I will try not to differentiate or discriminate against a person just because they belong to a particular caste, gender group, religion or have a different sexual orientation or disability.

I would like to inculcate in my students the understanding of different cultures. It is important for the future generations to be able to recognise the cultural diversity present in our country. Further sensitising the students to respect each culture and tradition and live in harmony.

I would use the theme by always respecting other occupations and also acknowledging their efforts and struggles.

as teachers, we are often looked upon by our students, therefore it is important to guide them and set an example myself. I should practice what I preach and therefore it is important for me to be inclusive in my thoughts, words and actions and only then can I expect the same from them.

By allowing students to think creatively and not limit their potential

As I feel holistic development is about body, mind and soul, I'll incorporate activities and practices that make me feel happy and a whole person.

As a future teacher I can use the theme by promoting holistic education in my family or the people I meet. Giving them the insights or benefits of holistic education.

This theme will encourage me to have empathy towards all and never look down on someone.

I will use it wherever possible

More

We live in a society where people from different culture live together and value each other so it is important for everyone to understand, respect ,and value the diversity the theme would be helpful to live in harmony with others.

To a great extent .

To a great extent

I will try to use it to a lot of extent

I will keep my teaching methods holistic.

To a great extent

6.As a future teacher to what extent do you think you will use the theme in your professional life.

41 responses

I can try to find a desirable resource person who can educate the young minds about the importance of the topic.

To large extent

Not make judgements about student based on stereotypes of their culture

I will make sure that all individuals get respected and valued and given equal rights and opportunities.

To not let prejudice hamper into learning from others and working with others

In practicing harmony and inclusiveness I'll practice the theme in future so that I can teach my students the same

Will try to accept peer's opinion and suggestions and work collaborated.

Relationships within the institution are affected by differences too, so the empathy required, soft skills, collaborative efforts, organisational understanding, etc. will be enhanced with the knowledge of this theme.

I'll try to inculcate holistic education theme by focusing on overall development of students and providing an opportunity to students so that they have freedom for student centric education.

I'd encourage the students to never judge anyone quickly and be accepting and respectful towards all

Unlikely I will use it much

I'll

Holistic Education will help with shifting from the regular rigid mode of teaching to a learner centred way of teaching

-

In many ways .

It is important to educate young children about diversity because somewhere it will help in ending casteism.

At a very large extend, I will encourage students to participate irrespective of their sexual orientation.

Teach them to respect and support each and every individual.

Learn skills from others.

To understand various aspects of culture.

I think this theme is very impactful and will be used to a great extent in my professional life as a teacher in the future.

To inculcate in them the knowledge of holistic education too

In class there will be different kinds of students of different caste, religion gender and having different disabilities. It will help me take into consideration individual differences and help me practice equity and equality as well I.

Most of times in school

These theme will be with us throughout our life since we are going to be future teachers tomorrow. It will be with us in our classroom how we are going to integrate values amongst children.

As a teacher i will have to deal with students from different backgrounds, caste, class and gender so I'll make sure to make my classroom's environment open where the studends feel valued and important.

As a future teacher, I will teach my students to be inclusive and caring towards one another no matter what caste, religion, or gender they belong to. I will not just teach this to my students but also practice and provide them with examples. I will be mindful of people's pronouns and provide equitable opportunities by using various teaching methodologies and aids.

Aa a future teacher I will believe in pluralism and how it is important to respect each culture and exist in harmony. It will make people belonging to different feel viewed.

By introducing the diverse occupations to the students, telling them their importance and also their struggles.

inclusiveness must be a quality that should be inculcated in children from a young age. As they grow they will come across various circumstances and people in life who must be included. They must interact with each other in kindness. This will make them inclusive adults in the future who work for the betterment of the people around them and ensure that everybody lives together in harmony

Arranging community service, field trips and competitions.

It is very important as a teacher to take up things other than studies for the students overall development. So, I'll be making use of various activities that will foster to their mind, body and soul. For example, meditation, art class, yoga or any fun games.

As a future teacher, I must try to focus on the holistic development of the child instead of only cognitive development, also trying to promote the same in my school / institution thus using

this theme in my professional life.

I can use this theme to promote teamwork among students.

I will use this theme to create awareness among students about different cultures .

To a large extent

Student comes from diverse culture so it's important for teacher to understand and value diversity of his /her class this them help me to understand the diversity.

I'll inculcate various activity based learning. Will try to create environment where students are free to question and have open discussion without any hesitation. More based on learning from our surroundings.

To a very great extent

I will try to use it to a lot of extent

See all the perspectives of a experience and learn about various things through it.

To a great extent

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