



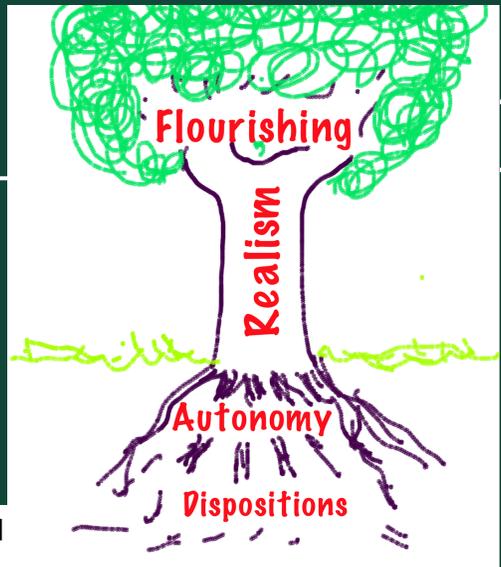
ΕΗΣΑΑΣ



a voice from within



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Autonomy – The Desire to be Self-Directed

*Control leads to compliance;
Autonomy leads to engagement
– Daniel Pink*

As the Institution moves towards autonomy, it leaves us with major responsibility and accountability as facilitators. When an institution becomes autonomous it also facilitates learner autonomy. So, what is learner autonomy?

Learner autonomy is when students take control and responsibility for their own learning, both in terms of what they learn and how they learn it. It takes as its starting point the idea that students are capable of self-direction and can develop an independent, proactive approach to their studies. In the field of higher education, learner autonomy is particularly important.

At the heart of autonomous learning is the student's perception of their own role as a learner. Classroom discussion and one-to-one conversations with the teacher can help students to understand the essential part that they play in their own success. It is established through research that autonomous, dynamic students have the potential to learn far more than passive, reactive learners. Self-reliant students can address their own individual needs and make ongoing progress. Autonomy involves students having a range of learning strategies that they are able to apply flexibly in different contexts. Teachers can help students to develop learning strategies through learner training in the classroom and this can take many forms.

Dr. Shadab Paloji
Editor



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WELCOME TO THE TEAM!

Hi guys! I'm Nicole from F.Y.B.Ed. I am so excited now that I'm a part of the SXIE newsletter team. I love singing, drawing and art in general hence I opted for the creative's team. A big phenomenon that has impacted and influenced my life is Harry Potter. By being a part of this newsletter I'd wanna bring about a lot of fun and creativity in everything we do as a team, almost like a spark of magic that would make the reader completely engrossed.



Hey there, I'm Dominica Barretto and you can call me Doms for short. I love reading books, writing poetry, listening to music from the 90's, creating random conspiracy theories, gossip over chai and anything that's animated! I believe, one can never stop falling in love with nature and the peaceful embrace it comforts us with.

Hi, I'm Fatima! I am a creative and artistic person by nature. I thrive the most when I'm drawing & dancing. Having an eye for beauty, I enjoy photography as well. My mantra in life is "This too shall pass". With life's constant ups and downs, my only strong hope is that days pass by, the good as well as the bad ones.



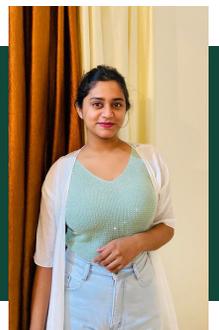
An avid reader with a passion for penning down poems and musings. I have a penchant for deep conversations, long walks and exploring new cafes. I am a firm believer of taking things one day at a time. A quote close to my heart is "Embrace your inner child." That way, you'll always find happiness even in the smallest of things.

I express my thoughts through poetry, Friends and food makes me happy.
My favourite colour is black, I love portraying roles through acts.
Never give up attitude I believe, Excellence is what I would want to achieve!



My name is Joanita but everyone calls me Joni. When I am not doing assignments you will find me either watching a movie while crocheting, or enjoying a cup of coffee with friends. I love listening to stories and learning from people's lives. I aspire to add more value to people's lives by the work I do, and I am hoping this newsletter will be a platform for me to do the same.

My life's a combination of Travel, Food and Drama. An amusing wanderer and explorer who travels the world with all my soul. I'm an acting nerd who's dramatic and humourous just because I'm a drama queen. I live to eat, sleep and repeat.



Hi readers, I'm Nimra Khatri also mispronounced as Nirma. A hijabi girl with a passion for travelling and doing things outside my comfort zone. Sunsets, Makeup and everything Artistic truly mesmerize me. My best moments are those spent with my family and friends. I strongly believe this quote by Robert Breault resonates with me the most, "Enjoy the little things in life, for one day you may look back and realize they were the big things."

Autonomy Visit



UGC Autonomy Expert Committee Visit

On 20th November 2021, the members of the Autonomy Expert Committee visited our college, St. Xavier's Institute of Education.

The visit began with the Prayer Service, conducted by the members of the Student Council to feel the presence of God and evoke the divinity within. The Prayer Service was followed by the lighting of the lamp ceremony to begin the day on an auspicious note. Following the inaugural ceremony, the members of the UGC Expert Committee were felicitated by our Principal, Dr. Sosamma Samuel.

The members of the UGC Expert Committee then went around to review the infrastructure and functioning of the college. They were escorted through all pedagogy classrooms that were decorated by the students of SY B.Ed. Before the visit ended, the members of the UGC Expert Committee interacted with the current students, alumni, and staff of the institution to get different perspectives regarding the college.

The whole program was conducted systematically and was a success because of the combined hard work of the staff and students. The institution's efforts paid off since our college was granted the status of autonomy by the UGC Autonomy Expert Committee.

-Sukanya Iyer

Student's Experiences during the autonomy Visit

English Pedagogy (Nakiya Teliya)

My personal experience of the autonomy visit was really exciting and engaging. As we had a few days in hand, we strove at a lightning pace. All the student teachers of English pedagogy came up with a number of innovative and creative ideas in order to make our pedagogy class look lively, simple and elegant with all the topics pertaining to English grammar.

We engaged ourselves and worked in pairs to make flowcharts, storyboards, tree diagrams, making it appealing and eye-catching to the members visiting the college for Autonomy. One aspect which I would like to highlight in this journey of the autonomy preparation was that I was able to work upon my communication skills with a group and ensure that there is proper coordination between all the members of the group which plays a crucial role in terms of working together as a whole. My experience during the autonomy visit was extremely participative, creative and joyous.

History Pedagogy (Aldina Gomes)

As I sit back and reflect on the Autonomy visit - It has been equivocal. Initially when we were informed about the visit I was distraught, wondering what would be our role in it. But as the inputs were given with the support of my peers and teachers in charge, we started planning for it, shared wondrous ideas to make the history room more attractive and meaningful. I felt the space in the room would be less compared to all the amazing ideas coming up. This Autonomy Visit preparation actually made me feel luckiest as it gave an opportunity to all of us to meet and work together for the very first time and I will always be grateful as it has provided an enriching and life changing experience to all of us.

Economics Pedagogy (Malvika Tiwari)

The Autonomy visit provided varied experiences in joyous ways. Students belonging to the Economics pedagogy, under the guidance of our professors Ms. Priti and Ms. Nishi, decided to revamp our Economics pedagogy classroom. After a lot of brainstorming, we decided to put colorful charts highlighting important economic concepts, maps representing different things that India is famous for along with a board specially displaying how games can be used for teaching the discipline. The process was tedious and intense but all of us enjoyed every bit of it. I was able to actually implement all our theoretical knowledge about different teaching approaches and it definitely helped me explore my creative side. Teamwork and efficiency brought out the effective results that were needed and we were able to present the pedagogy room with zeal and enthusiasm!

Mathematics Pedagogy (Olisa Misquitta)

For the autonomy visit, we had to decorate our respective pedagogy classrooms. There were four boards to be decorated and since we were 8 of us we decided to work in pairs so it would not be pressurizing and would be convenient for all. Rather than going with the textual topics for decorating the boards, we decided to use the topics that we learnt during our B.Ed. program. My peer and I planned to prepare a chart on the cooperative learning strategies which are used to enhance the teaching-learning process. I got an opportunity to showcase my creativity and it also helped in enhancing various other skills by interacting with my peers such as team spirit, leadership, listening skills, problem solving, and assertiveness. And not forgetting my coach Dr. Vini Sebastian, can't thank her enough for all she has done. Ma'am was always there to guide and motivate me and my peers.

Science Pedagogy (Cyrus Pereira)

The autonomy experience was one of the best and most memorable experiences in the B.Ed. program. It was my first opportunity to interact with my colleagues in Science pedagogy and others. We all worked as a team, cleaned and decorated rooms together, prepared amazing Science models that can be used as teaching tools. Furthermore, we arranged different printouts, and most importantly, helped each other out. Sir Bijoy Thomas ensured that everything was done and acted as a constant source of motivation and support. The autonomy work at the college was memorable throughout the process and I enjoyed working with everybody.

Discourse Within

Reflections for the Year

As the year comes to an end, I always reflect on my takeaways from the past year.

As Michael Jackson said - "If you want to make the world a better place, take a look at yourself and make the change".

1. Being Kind - True kindness starts with self-kindness. So it is really important to be kind to ourselves. Uttering kind words, portraying kind thoughts and being mindful to oneself and to others. Kindness is a form of love and healing. So healing ourselves with kindness, so much so that the kindness spills out of us and heals people around us

2. Being Authentic - This world makes me politically correct at every step and words that dare to speak the truth. Because in the end what matters is the biggest gift and pleasure of being true to oneself.

3. Being Courageous - To have a great life, it requires one to take constant risks. Only if we take a step outside our comfort zone - we will truly experience growth and expand in ways that are unimaginable. Either we can be courageous or waste our existence in a cage. So life is either a daring adventure or nothing at all.

4. Having Fun - Do things that make you happy and enjoy it. It can be anything from being silly to being child-like, having the natural ability to have fun and laugh all the time. It is beautiful to have fun and wake our inner child.

5. Being Grateful - Giving thanks with a grateful heart. Life has its ups and downs, but feeling grateful lifts our spirit. It connects to something larger than myself and greater happiness is attained. There is always something to be grateful for.

6. Taking Care of yourself - If anything that we can control in this universe is to control our body and mind. We have the opportunity to control what we eat, drink, think and all these transform into 'habits of life'. So take full responsibility of your body and mind as we spend our entire life in our body.



HOPE

If you stop for a while,
And breathe in a little deep.
You will hear the voice of hope.
And now that you can hear the voice
of hope.
May you hold hope close to your
heart.
May it remind you every morning
that beautiful things are coming
your way.
May it remind you every afternoon
that all those dreams you're daring
to dream will come true.
May it remind you every evening
that all those plans you're already
putting into place and some
which you're silently pleading will
fall into place.
May it remind you every night that
living with hope itself is Beautiful.

-Larrisa Dabre



College Feast Day Celebrations



3rd December 2021 – Feast of St. Francis Xavier

The Special Assembly in preparation for the Feast of St. Francis Xavier, our patron saint, was held by the staff and S.Y.B. Ed. students on 1st December, 2021. Dr. Vini Sebastian was the staff in charge of organizing the assembly.

The assembly was reminded of the 2 Ps that symbolize St. Xavier's principles - Penance and Prayer and the mission he was sent on by St. Ignatius - 'Go forth and set the world on Fire!'.

After the Principal's message to the assembly and the prayer, Dr. Sebastian played the hymn Make Me a Channel of Your Peace sung by S.Y.B.Ed. SXIE students and the recording of the enactment by the students on the life of St. Francis Xavier. Student's perceptions of 'What Inspired Me' about their life as Xavierites in school, college and now SXIE was presented followed by a Jamboard activity of reflections by staff and students. Father Blaise, the manager, reminded the students that the cannonball moments in the life of St. Xavier inspired him to be a teacher to the poorest and needy and the duty the students carried towards inclusive and harmonious teaching in their future careers as teachers. The Assembly observed a minute's silence and reflected on the Body of St. Xavier in the Basilica of Bom Jesu in Ponda and formally concluded after the college anthem.

- Shantala Bhat

Like every year this year too we celebrated the feast of the patron of our college St. Francis Xavier on 3rd December, 2021. But this year was different as it was the first time we celebrated in hybrid mode and hence the celebration of the Holy Eucharist was a challenge, however Dr. Vini Sebastian took on this responsibility and encouraged us to participate in the mass and conduct the choir. Fr. Cliffton Mendonca was the main celebrant who despite the technical difficulties of the hybrid mode gave us an insightful and engaging sermon.

The mass was attended by the staff and students of St. Xavier's Institute of Education in the offline mode and St. Xavier's Boys Academy as well as ex-teachers of the institutions in the online mode. The choir members, Chantelle Mascarenhas, Cliona Dsouza, Daris Lobo, Sancia Mathray and Abigail Tixeira along with the pianist Glen Pereira put in a lot of effort to ensure that the mass was solemn and the singing melodious. The online feast mass went on well with the wholesome participation of those present online as well as offline.

Abigail Tixiera



Online

Celebration



Christmas Feels

नाताळ

बोंडी सगळ्यांना. डिसेंबरचा महिना आईला का आपण सगली हाऊसताव, कला २५ डिसेंबर आपला परमेश्वर याचा जनम जाईलता. नाताळचा सण आगमन काळात येते. आपली देऊळ माता चार आईतवार

नाताळच्या सणासाठी तयारी करते. या आगमन कालात आपण आपले प्रेम, शांती, भरोसा, आणि खुशी या

चार मुद्द्यांवर मनन-चिंतन करतो. जेव्हा गॅब्रियल देवदूताने मारिया मातेला भेट दिली आणि की तू येशूची

माई होशील, मरियम मायने परमेश्वराची इच्छा मानिली. तिने तिचा विश्वास परमेश्वरावर केला आणि खुशी खुशी जेसुसची माई जायली.

नाताळचा सुरुवात आपण मीसाला जाऊन करताव. त्याचे पूर आपण आपले मन कोसार करून साफ करताव. आपले घर मस्त सजविताव, क्रिसमस ट्री लाविता, घराबाहेर स्टार टांगविताव आणि कुस्वात बनविताव. मस्त जेवण बनविता आणि सगळ्यांना मेरी क्रिसमस आईस विष करताव.

कालो काल आपण नाताळचा सण ऐसास साजरा करताव. पण गेल्या दोन वर्षांची कोरोना मुले आपण

क्रिसमस बरोबर साजरा केला नय. आपली देवल बंद होती, लोक दुखी, शिख आणि आपले मन उदास. पण

आपण परमेश्वरावर आपला विश्वास सोडला नय. आपल्या सगळ्यांच्या प्रार्थना येशूने ऐकिल्या आणि या

वर्षा आपण ख्रिसमस आणि न्यू इयर चे मिस देवलान ऐकितले.

यो चमत्कार नय ते काय बोलायचं - आगमन काल जो आपल्याला प्रेम, शांती, भरोसा, आणि खुशी या

संदेश देते तीच माय मावलीनी आणि येशुनी आपल्यावर केली आणि यंदाचा क्रिसमस आपण चर्च मंदी केला.

आपला यो विश्वास आपण कवसच कमी पडून दिला नय पाहिजे हास संदेश येशू आपल्याला देतो. सगळ्यांना मेरी क्रिसमस आणि हॅप्पी न्यू इयर!!

सांगाती कंपलिमेंट्स ऑफ द सीजन!!

- अँड्रिया रेमंड डिसिल्वा

Look at the Manger

Winter chills and season's bliss,
Ringing bells and Christmas trees;
Voices of 'Joy to the world',
Over by, all mankind heard.

Hoping for, the best to come,
Holding eyes, to Heaven firm;
Remembering that 'Hope is born',
At night that shone, as bright as morn.

For Love was Abba's greatest will,
That His piece of Heart, on Earth may heal;
Sinful and unrepentant souls,
Through His blood, may cleanseth the whole.

'Prince of Peace' did leave Heaven,
Dwelt amongst us, unworthy men;
'Silent night, most Holy night',
Come! Look at the manger, shining bright.

- Ronica Rodrigues, S.Y.B.A



To good things, Christmas tidings and new beginnings

When we look forward to Christmas season,
Striving for Hope and joy for every reason.

Foreseeing the future, we look for hope,
Only to understand it with a tiny little scope.

With the snow fall gushing down the housing slope,
Taking the sledge, Santa pulls it with a rope.

And with laughter and gifts, coming to us with joy,
Having few reindeers ahead of the sledge put in employ.

Those beautiful secret messages that we love and enjoy,
That our secret Santa shares with joy and prepares to deploy.

And as we move towards a new beginning with peace,
May our chances to succeed despite challenges increase,

With this new year, praying for endless thoughts to decrease,
because God has planned for us a bigger and better
masterpiece.

Bringing love to all comes a brand-new sun,
Spreading cheer and joy to each and every one!

- Daris Lobo, S.Y.B.Ed

THE SANTA SECRET

As a kid, the festival of Christmas always made me wonder who and where this Santa Claus is? I thought it was some shallowly superficial entity that is glorified and there is no gift that anyone is giving to anyone. However, as I grew up I realized that there is a very deep meaning behind the entire tradition of Santa Claus. I shall share it with you through a story. There was a very less fortunate family who lived next to me. They were not affluent but always had a bright smile on their faces no matter what. Everyone around them wondered what it is that keeps them happy. Their key to happiness was something everyone wished for. One day, around Christmas time, one of the neighbors fell sick and had no hopes of recovering. The family members lost heart and hopes. In the family there lived a small girl who feared her mother's death and kept silent. Everyone pitied the child but the lady of this family decided to go and approach her. All the child needed was reassurance that no matter what faith in God is all that is required. The lady asked the Child to pray for her mother's health and believe that she will be fine soon. The positivity manifested itself in a few days. Who knew that the lady became the Santa Claus for this child and gave the gift of reassurance and positivity to her. You thought it would be something grand? I had a similar view until I had the thought that there is a hidden Santa in all of us. To activate this Santa all you need to have is 'Joy, Hope and Love' to share.'

- Arwa Sakerwala, S.Y.B.Ed



Christmas 2021

Christmas brings along tidings of comfort and joy and so it did this year when visiting friends and family replaced phone calls. When the gloom of negativity sunk and the hope of a better tomorrow filled the air with joy, cheer, and happiness. The decorations of red on a green Christmas tree adorned the place and the feeling of just being able to celebrate the festival with everyone made it a Holly Jolly Christmas!!

Princia Gomes, S.Y.B.Ed

Christmas is a season of joy, sharing of love and peace, exchange of gifts and bringing unity among all humanity, especially building strong bonds within loved ones. Every Christmas there is something special that I look forward to and this Christmas began with helping my mother in preparing a variety of sweets viz. donuts, kulkul, Navris (coconut puffs), perad (guava cheese), marzipan, special Christmas cake and scrumptious food. My younger brother took charge of making the crib with a modern touch (creativity of water falls). The entire vicinity was decorated, well lit and starry all around with a tint of vibrancy.

The entire season of Christmas was marvelous, filled with smiles and experience of peace and joy all around. Indeed, Christmas is the most awaited time of the year which leaves a lasting memory in our lives.

Rhea and Rachael Fernandes



Internship Experiences

Experiential lesson

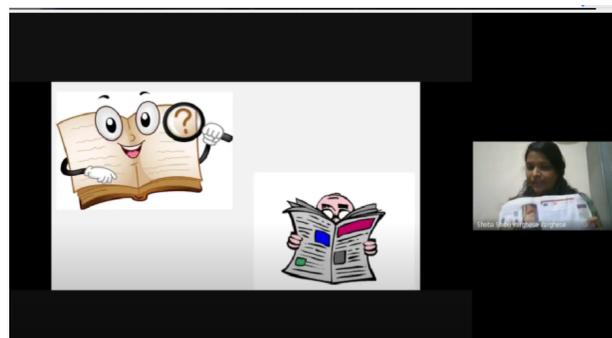
As part of Internship, I had to conduct experiential lessons. Initially when I received the input on Experiential lessons, I was worried on how I would conduct the lesson, but eventually with great planning, I got more comfortable. In fact, I enjoyed planning and teaching Experiential lessons the most.

Though it was an intriguing experience, I also faced certain difficulties. I had set a criterion beforehand, that students should not spend on experiential activities and learn effectively from it. Therefore, I tried to plan activities that they can find easily at home. For example, in one of the lessons I dictated the headings of news articles on the social worker, Sindhutai Sapkal's demise, in different languages- Marathi, Hindi and English and asked students to write it down to make them understand through their experiences that not all of us are good at.

We always talk about how small things can impact us, but I actually understood this through the activities. It is amazing how using small things we ourselves learn as well as give students the intended experience. There are many things to learn, even from the basic experiences that we have daily, but it just becomes part of our life. To give an instance, I just asked students to type in the chat box by understanding what I am lip reading or to feel different objects- Cotton, Water and Scrubber to make them understand the troubles and way of learning of Helen Keller, a renowned personality. These are the small things that we regularly use or do but never really had a different viewpoint.

It also made me acknowledge the positive aspects of being an observer and to think from different perspectives. I had to think of activities that would convey the topic effectively, which required observing multiple things around us and having different perspectives. Speaking about the different perspectives, while planning the rural context our first reaction is to see the issues and the only positive thing is nature. My coach, Dr. Geeta Shetty made me realize that there are more positive things other than nature, they are also developing in different ways. These learnings developed me as a learner as well as a prospective teacher. Through Experiential lessons, I learned much greater and significant things which would stay with me for the rest of my life.

- Sheba Shibu



Internship Experiences

Theme based lessons

For semester 3 internship, we were introduced to a new style of teaching lessons called the theme based lessons. At first, like all the other students, I too was not sure about what were the themes we had to integrate in our lessons. We had an orientation session by Dr. Geeta Shetty on the 13th of October, 2021. She had shown us one of her own theme based lessons and also how theme based lessons were way different from the general lesson, not only the manner of teaching but also the format in which a theme based lesson plan was to be written.

Maam introduced us to the themes that SXIE followed based on the 4 UAP's. The theme at SXIE was 'Toward building a Hope Filled Future'. The 4 UAP's were 1. Consciousness of God's Presence. 2. Walking with the poor and marginalized. 3. Journeying with the youth. 4. Care for the earth.

Theme based lessons were to be given for 30 minutes just like general lessons. We had to give a total of 2 theme based lessons and choose a minimum of 2 themes to be added to the lesson. There was a common core component for all the theme based lessons - Building a Hope Filled Future. The content had to revolve around the theme whereas the assignment had to revolve around the sub themes. Unlike general lessons there would be no mention of reflection and action as a separate topic, but had to be integrated within the subtheme itself.

Writing and giving theme based lessons was a new experience altogether. I had never done or had never heard of these 4 UAP's. We were never taught about these themes before in our school life or even in our college life. The institution taught me something new. I never knew that I could teach the same lessons that were taught to us but with a different twist.

I gave 2 theme based lessons on the 25th of November and 11th December. Some of the themes that I used in my lesson were Consciousness of God's presence, Walking with the poor and marginalized and Journeying with the youth.

It was a whole new experience for me to teach and learn about theme based lessons, and I got to learn something new. It felt nice that I could also inculcate in the students some universal themes that get sidelined as we progress, and not just teaching them in a traditional way. I would definitely use these themes in my future teaching.

Thank you SXIE for this whole new experience.

Sancia Mathray

Reports

MATHS WEBINAR SERIES

The series commenced on 28th August, 2021 at 04.00 pm to 06.00 pm on Zoom as well as on a live broadcast on YouTube. The webinar was organized by St. Xavier's Institute of Education under the management and guidance of Dr. Vini Sebastian. The speaker of this webinar was Dr. Roselle D'Souza, IBDP Math Educator, Canada who spoke on the topic "Using Harvard's Visible Thinking Toolbox for Teaching and Evaluation in Mathematics." The talk had integrated multimedia that sparked multiple conversations and interactions with the participants. The speaker illustrated with examples and case studies to paint a vivid picture of visible thinking routines in teaching and assessment.

The second session of the Mathematics Webinar series was held on 30th October, 2021. The speaker of this webinar was Ms. Sunita Shah, Educational Consultant in Mathematics, who spoke on the topic "Empowerment through Creative Problem Solving." The speaker illustrated with examples and moved activities to paint a vivid picture of creative problem solving. Math empowerment, what it means and how it can be practiced with the help of creative problem-solving processes, was illustrated.

The third session of the Mathematics Webinar series was held on 27th November, 2021. The speaker of this webinar was Dr. Shamim Suryavanshi (Ujjainwala), Ph.D. in Education, Corporate Coach with an Executive Diploma from The University of Hong Kong who spoke on the topic "A MIND FOR MATHEMATICS". The session was filled with activities to illustrate how our mind can be one of the biggest saboteurs, exploring positive intelligence and how it affects our achievement in various tasks of our life.

- Suzan Pereira

SESSION ON NEP 2020

The National Webinar on NEP 2020: Perspectives & implications organized by St. Xavier's Institute of Education; Mumbai was held on 24 th of September, 2021 at [02:30 pm -06:00 pm] on Zoom. The session was initiated with an introduction by Dr. Elvina Pereira and a welcome note by principal Dr. Sosamma Samuel. Dr. (Fr.) Frazer Mascarenhas, was the 1 st speaker of the event, he stressed on how certain claims made by NEP 2020 were skewed, unfounded, and camouflaged the true intentions of the policy makers. Prof. Anita Rampal, was the second speaker of the day. Ma'am noted how the NEP 2020 which was devised under the guidance of NCERT committee consisted of education ministers and entrepreneurs instead of the members with expertise in various areas and issues of education, thus making NEP and therefore education far less equitable and inclusive. The 3 rd speaker was Dr. Nandita Narain, [Associate professor, St. Stephen's College, Delhi University]. Ma'am too echoed the issues previously mentioned with major focus on how equity in education determines the quality of education and thus transformative change is required. The session garnered various responses and critical questions from the participants during the Q&A section. The questions were answered in depth with analysis and illustrated with examples from the speakers' career, expertise and intensive research. As rightly mentioned by Wayne Dyer "Our intention creates our reality" and the speaker left the participants with the importance, responsibility and skills to dig up the intent behind NEP 2020, its policies and all matters of education to create a reality that caters to and protects all.

Reports

BATTLE OF THE HOUSES

To help us unwind and do something fun and interesting at home; the student council of St Xaviers Institute of Education with the guidance of Dr. Elvina ma'am and Dr. Geeta Ma'am had organized an intra-inter house competition from 6th to 9th September known as the Battle of Houses. The program was a four-day event with a host of fun activities, including games like 'Lights! Camera! Action! ', The Game of Unspeakable Fun, Scavenger Hunt: Do try it at home, Seeing eyes helping hands, Sans sense, Make sense and Write away. The first two days of the program were organized in the respective house Gmeet rooms, where the house leader of each group conducted the event. The games saw full participation from students. The finalists were selected from the qualifying rounds who competed in inter-house games on the final day. Although the team members of Asha and Satya house bagged most awards, the enthusiasm with which everyone participated was the best. The program proved to be a good break from lectures and assignments and allowed us to bond and participate in activities that we missed in our offline classes.

- Princia Gomes

CREATIVITY IS INTELLIGENCE HAVING FUN

In the words of Albert Einstein "Creativity is intelligence having fun" therefore to make sure that we were having fun and also learning, our Professor Dr. Kalpana Chavan organized a workshop on creative Art and craft on the topic of Student Resource Learning on 30th October 2021 at 1:00 pm. The most unique aspect of this workshop was that it had been conducted by our very own peers MS. Cliona D'souza and Ms. Madhulica Sharma. As the workshop began our peer, Ms. Madhulica Sharma taught us bottle painting. We made use of different colors and different types of bottle designs for the activity. She also explained how we could make use of these bottle paintings in our classroom teaching by drawing characters and interesting elements in relation to our lessons. Ms. Cliona D'souza then taught us how to make paper flowers to decorate our bottles. Towards the end of the session, we were able to make beautiful bottle designs with flowers. The input provided by our peers will be of great help in the future to provide a meaningful learning experience to our students by making use of our artistic skills. Overall, the activity was organized well and a video on lantern making was also shared with the class. Our beautiful bottle designs now adorn the art and craft room in college. We all look forward to attending other such workshops organized by our peers in the future.

Twinkle Fernandes



Alumni Rendezvous

MAKING EDUCATION RELEVANT' - ALUMNUS CHIEF GUEST - MS. SONALI GANDHI

On 25th October, 2021, the Alumni Association of St. Xavier's Institute of Education conducted RENDEZ VOUS, a tete-a-tete program with an eminent alumnus Ms. Sonali Gandhi on the theme ' Making Education Relevant.' Ms. Gandhi, an alumnus of the 1997-98 batch, is currently the Headmistress of the eminent ICSE school, Jamnabai Narsee School, Mumbai. The organizing team consisted of Bonita Mascarenhas, Lester Frias, Renita Sequeira, Shantala Bhat and Snovia Fernandes.

Ms. Sonali Gandhi shedded light on the various strategies teachers can adopt and adapt to make the teaching - learning process relevant and engaging. She also introduced the concept of the 3'A's of all teacher-student interactions - Affirm, Applaud and Appreciate each valuable moment of students' and let them experience and express their own creativity. She further elaborated on teachers needing to be a deep listener, a constant magician, and a lifelong learner by adapting to new techniques of teaching. It was indeed an enriching and insightful session that inspired us to be a good gardener who can help students grow and blossom into beautiful trees who will then provide the society with its sweet fruits.

Shantala Bhat

Rendezvous (November)

On 30th November, 2021, the Alumni Association of St. Xavier's Institute of Education conducted 'Rendezvous- A Tete-a-Tete with our Alumnus Ms. Pallavi Furia, an educational consultant' on the theme 'Education beyond Teaching - World of Corporate in Education'. The session was conducted by Malvika, Chantelle, Vipin and Larissa. The speaker shared her knowledge of her involvement in curriculum company, assessment company, collaboration and work with Navneet, Navjeevan, XSEED, LEAD, Avishkar Pratham, Madhi foundation, Byjus, Vedantu and the different schools boards. She provided great emphasis on the use of concrete objects to provide varied learning experiences and the use of game based learning. She concluded with certain tips for a teacher to maintain a good work-life balance and to live in harmony

Chantelle Mascarenhas



Republic Day 2022

The Republic Day Assembly was held at 10am on 26th January, 2022 through online mode in the presence of the Principal, Dr. Sosamma Samuel, Manager, Fr. Blaise D'Souza, all staff members and students. It was organized by the History Club of SXIE under the guidance of Dr. Elvina Pereira and Ms. Kalpana Chavan.

The Compering for the event was done by Anjali and Princia. The event began with a short welcome note followed by the flag hoisting and pledge. The Prayer Service for the Nation and Armed Forces was carried by Sukanya, Cliona, Sheba and Sancia followed by the Manager's address. Fr. Blaise reminded the Assembly about the history of the word 'Republic' and the importance of it in the current times. How 'Republic' is not merely a word but a commitment and values every citizen of the nation should uphold.

Moving ahead in the session, Snovia spoke about the significance of Republic day in India and Shantala presented a short video highlighting 26 facts that make the Indian Constitution unique. Vipin conducted a JamBoard activity inviting the assembly to share their thoughts on how the Indian Constitution has impacted progress India has made since Independence and its importance in current times.

Andrea, Aldina and Larrisa provided insights about the life of the eminent personality: Sardar Vallabhbhai Patel and his contribution in uniting the country. Arwa, Bonita, Twinkle and Urusa took the assembly through the distinct and glorious history of republic day parades followed by an interactive quiz contest on the parades conducted by Manish. The Principal, Dr. Samuel addressed the gathering. Deepika, highlighting the cultural diversity and rich heritage of India thanked everyone especially the armed forces of our nation, due to whom we stand here today as a republic nation. After group photos and vote of thanks by Deepika, the assembly concluded.

History Club, S.Y.B.Ed

Research - The opportunity to learn twice - Rendezvous January

As rightly mentioned by Albert Einstein "Imagination is the highest form of research" therefore to broaden our imagination and provide us insights about research, St. Xavier's Institute of Education allowed us to conduct Rendezvous, a Tet - a Tet with the Alumnus for January on the topic 'Research to make education dynamic'. The session was organized on 29th January 2022 and was conducted by Ms. Drishya, Mr. Manish, Ms. Olisa, Ms. Sheba, and Ms. Twinkle under the guidance of Dr. Elvina Pereria and Dr. Geeta Shetty. The session began at 3:30 pm. Dr. Sandychris Inchiparamban was the guest speaker for the tet-a-tet session. We were all amazed and inspired after knowing the research works that were undertaken by ma'am at such a young age. The session highlighted key points such as preparation for action research. It brought to light ma'am's opinions on research in general and the challenges faced while conducting the same. Additionally, Ma'am emphasized how the research conducted will help teachers as well as students in the long run. Ma'am also spoke about the basic considerations or aspects to be kept in mind while conducting Action Research. We understood that research should be something that will question the what and why aspects of the problem and also take the responsibility to strive to answer how they could be solved. It was indeed an insightful and interactive session with Dr. Sandychris Inchiparamban. The program came to an end with Principal ma'am Dr. Sosamma Samuel's views on the topic and the college anthem.

Ms. Drishya, Mr. Manish, Ms. Olisa, Ms. Sheba, and Ms. Twinkle



TRANSFORMATIONAL EDUCATION

The Transformational Education in the Ignatian Quincentenary has been a reflective and fruitful journey, a journey that I will cherish forever. The webinar began on 14th August 2021 and lasted till 22nd January 2022. This webinar not just helped me for self-reflection but also helped me towards transforming education for the lives that I am going to touch in future. I realized it is important to create a vision or goal to bring transformation in student's lives. A transformation that is good for the students and to bring positivity for the world. The IPP model presented to us provided the methodology to work towards the vision. I was able to connect to the vision of Jesuit education that connects to the 4C's i.e. competence, conscience, compassion and commitment. I wish to walk on the same path to create individuals who are well rounded, intellectually competent, open to growth, loving and committed to their work. The session on discernment and decision making also helped me immensely. Living spiritually alert and awakened lives helps the spirit of light to give emotions of support and consolation. It is imperative to make decisions in a state of consolation, and provides ways of discerning the divine will. The pedagogy that I learnt in this webinar was based on faith and is very much humane and universal. The approach is to infuse value learning along with growth. This program provided a deep understanding of pedagogy, and that it is just not the methodology of teaching. It includes the world view and vision of the ideal human person to be educated. It guides us to choose the criteria to be used in the process of education. It helped me to understand the higher goal of teaching, where teaching is just not limited to the student's intellectual development which is definitely important. Rather the aim is now for the students to achieve full growth leading to action. An action that has sound understanding and leaders for service. The fact that many view education to be utilitarian in nature and only for financial success leading to competitiveness. But education should not lead to such a transformation of man rather it is for students to attain their highest consciousness. Transformational education should bring true values in an individual. Thus, education becomes a careful investigation through which students will form their habits and attitudes towards people and the world around them. This all helps me to use methods of teaching that have an interplay of the experience, reflection and action to happen.

Deepika Nayak

Ek Bharat Shreshth Bharat Session

The inaugural of the Ek Bharat Shreshth Bharat was held on 22nd Jan 2022 at 3 p.m. Staff and students of St. Xavier's Institute of Education as well as that of People's college, Odisha participated actively in the programme. The theme of the event was 'encapsulating Maharashtra and Odisha'. The EBSB coordinators from both the colleges, Ms. Priti Sivaramakrishnan and Mr. Ajay Kumar Sahu greeted the students and other members at the very beginning.

Proceeding further, Madhulica Sharma and Anjali Ray welcomed the participants of People's College by welcoming them in Odia and English, it set the tone for the entire session. Moving ahead, Manish Ram and Princia Gomes spoke about the origin of Maharashtra and how many princely states came together to form a state in 1960. They also highlighted some of the rare unknown facts about the state of Maharashtra.

Leona Rodrigues and Patrisia Lobo then shed some light on the leaders who ruled Maharashtra, from the Mughal Emperors to the great Chhatrapati Shivaji Maharaj to the very recent Colonial rule. This was followed by Nakiya Teliya and Aldina Gomes giving a glimpse into the culture of Maharashtra and the exciting food, dance, festival and traditions. Cyrus Pereira and Remy Koli concluded the presentation by speaking about the greatness of the Marathi language.

Two students from People's College introduced the state of Odisha with its various aspects - its rich history, dynamic architecture of its temples and caves and dance forms like Ghumura, Chau, Gotipua, the tiger dance, Dalkhai, Dhap dance and Karma Naach. They also showed pictures of festivals like Konark festival, Puri beach festival, Rajarani music festival, Kalinga Mahotsav, Ekamra Utsav and Shreekshestra Utsav. They also made us familiar with the food items and sweets in Odisha, especially Santula - the favorite sweet. They concluded by talking about the beauty of nature and the natural resources in the state.

The event was concluded by a formal vote of thanks given by the ESBS coordinators from both colleges.

Patrisia Lobo and Leona Rodrigues, S.Y.B.Ed

Alumni Experiential/ Theme lesson

Demonstrations



The third-semester internship was different with the incorporation of four experiential and two theme-based lessons, therefore to guide us about how we can prepare and plan our lessons a four-day workshop on experiential and theme based lesson demonstration by our alumni was organized by our professors Dr.Shadab Palogi and Ms.Nishi Kumar. The lesson demonstrations were conducted after the lectures and were unique in their way as there were variations in the activities and the themes highlighted in each lesson. The demonstrations covered all the pedagogies and depicted the uniqueness of each type of lesson. Every day before the session we were asked to arrange for certain materials that would be needed to participate in the activities. The lecture series allowed us to discuss the same with our alumni and clarify doubts. The connection that the experiential activity highlighted with the rural context and the idea of Nai Talim was noteworthy. It helped us understand how effectively we can plan and execute experiential and theme-based lessons during our internships. The sessions were a good way of orienting us about these types of lessons and were interesting at the same time.

Princia Gomes

ME-OUCH!!

Life was pretty laid-back and predictable for my youngest and me - till intellectual boredom spurred me to take up B.Ed. The hectic course at the best of times, the pandemic meant attending the Sem 1 and 2 classes from home, with me, stuck almost 20 X 7 to the laptop. It did NOT go down well with the youngest one in the family. She was most annoyed, belligerent, and vocal about being deprived of her playtime. She missed being patted to sleep on my lap, me playing on demand - basically, she missed being the center of my life and universe. Thus, started her war against the laptop and the classes. Saani would gate-crash lectures, helpfully lie down all over the keyboard or my notebooks, or insist I hand over one arm to wrap herself with while she snoozed in anger, frustration, and sadness at my cruel desertion. Sometimes, she would dial up the guilt factor by sleeping on the floor under my chair and giving me dirty looks.

With the threat of physical classes resuming, my mom's brain is furiously planning how to smuggle her into college... You see, we both need to cut the umbilical cord.

Shantala Bhat FYBED

