

**ST.XAVIER'S INSTITUTE OF EDUCATION
MUMBAI**

F.Y. B.Ed. Students Present

Co-Curricular Activities

based on
Universal Apostolic Preferences

*A day filled with
Musical Drama Art*



Line up for the day

GROUP 1A - TO DO OR NOT TO DO

GROUP 1B - THERE IS NO PLANET B

GROUP 2A - YUVA

GROUP 2B - JAL JAMEEN JUNGLE

GROUP 3A - ASHA KI KIRAN

GROUP 3B - MAIN BHI HOON NA

GROUP 4A - ZINDAGI MILI HAI DOBARA

GROUP 4B - THE HOUSEMAID

Academic Year 2021-2022

Date: Saturday, 30th April, 2022

**Venue: Multipurpose Hall, 3rd floor,
St.Xavier's Institute of Education,
Mumbai**

**DR. GEETA SHETTY
I/C PRINCIPAL**

**DR. BIJOY K. THOMAS & MS. PRITI S.
FACULTY COORDINATORS**



CO-CURRICULAR ACTIVITY

Academic Year 2021-2022

First Year B.Ed.

Semester I



CCA Group 1A Report

Theme: Discernment

Name of the Play - To do or Not to do

Group members:

- 1. Maurisa Dodti**
- 2. Lalin Raja**
- 3. Malavika Mascarenhas**
- 4. Sant Kunvar Gaurav Singh**
- 5. Marilyn Almeida**
- 6. Melissa Karkada**

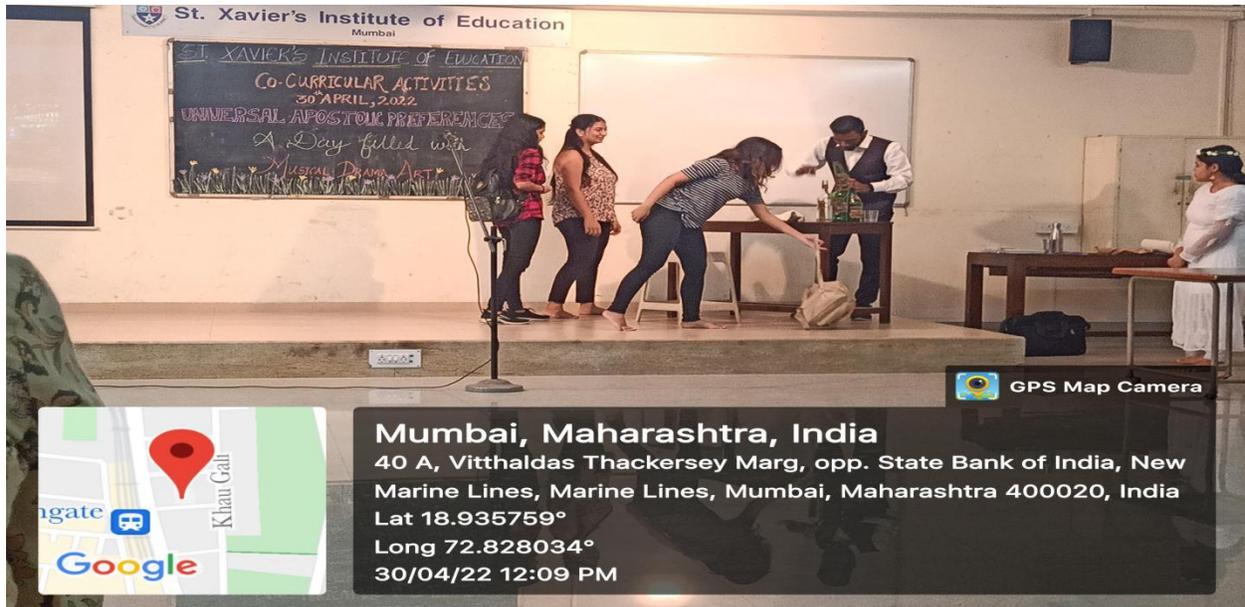
Teacher in Charge: Elvina Pereira

5. Brief report of pre CCA activity-

The orientation of the CCA Activity was done on 12th March 2022 at 8:45 am. Faculty incharge Dr. Bijoy Thomas and Mrs. Priti S. oriented us to CCA activity. Through a PowerPoint presentation we were guided about how the whole process of CCA activity would take place. We were given all the general instructions. We were also explained the marking system for the activity in detail. We had musical play to perform for our activity. The topics were the four Universal Apostolic Principles (UAP). The 50 students were divided into 8 groups and every two groups were assigned one UAP for musical play activity. Every group was made on the basis of the learner profile form they had filled earlier. After announcing the group members names, one leader from each group had to come pick up a chit which would decide their topic. After that we had to pick one more chit which gave us a group number and a mentor. We got discernment as our topic and our group mentor was Dr Elvina Pereira. There was ample amount of time provided to us to practice for our CCA; in fact there were separate slots given in our timetable of March and also April for us to practice well. Each group was allotted a classroom to practise for the CCA activity. The teacher's and staff were supportive enough with the use of college resources for practise. Teacher Incharge Dr. Elvina Pereira helped us to finalise the script. She gave us important pointers and guided us as to what changes we need to make and how to go on further in making the play. We would practice with full dedication whenever we got time. Nothing was a burden on anyone in the group. Everybody contributed equally to the writing of the script, finalisation of the songs, costumes, bringing props etc. We would even wait till 7pm in the college to practise and once had Bijoy sir and The manager of the college Fr Blaise D'Souza waiting for us till then. They made sure we were not alone. Even many of our teachers gave us their own lectures to practise for the play. All of them were very supportive. We would even have meetings on zoom call for discussion and everybody participated in that. It wasn't as if one

person did whole work, but it was like everybody contributed to the group work in all the way they could.

6. Today's program details-



The program started around 11 and went upto 3. The audience were the Principal, Manager, staff and the Sy and Fy students. It began with comparing done by an Sy student, Chantelle. She talked about the UAPs and then asked our principal in charge Dr Geeta Shetty to express her views. Then a speech was given by manager Fr. Blaize. Before each performance Chantelle gave

a short introduction about Each group. The groups were given 20 mins each to perform. We had many SYs helping us with the props arrangements and technical support. As per the rules warning bell was given at 15 minutes and final bell was given at 20 minutes. There was no bias. The flow of the program went along very smoothly. While one group was performing the next group was given a chance to go out and practise or get ready with props and costumes. There was fillers too which was performed by the SY students where they would dance, sing and give a social message through it. We had a short break of 20 mins from 1:50 to 2:10 and then the events continued as planned. At the end we had experience sharing by an FY student and an SY student about the event. We also had Priti ma'am giving a vote of thanks to everyone. There was then an interactive speech by our manager. The program ended with everyone singing the college anthem and national anthem.

7. Summary of group experience-

All the group members were very co-operative and we helped each other when needed. Even though it was a bit stressful before going up on stage we all enjoyed the activity. We all bonded quite well during the activity. Everybody's suggestions were important and considered. Everybody was given equal role and there was no bias or burden. All the members were quite patient and supported throughout. All of us waited till 7pm in college when required. All of them gave their best. We did everything they could to make the play a success and after so much efforts and sleep deprivation the act was a success. Whole process was very exciting, enjoying and stress buster in a way. All the group members were very sweet and fun, friendly with each other and motivated everyone to hold on and give their best. This made our group stronger and we didn't give up in the middle because of our busy schedule. There wasn't a single fight or argument between groups members even once as they were all calm and supportive and respected each other's views. Overall it was an overwhelming experience, we learnt so much though through this activity, we had so much fun and got to know each other so well. Everybody's perseverance led to an amazing performance at the end.

Asha ki Kiran

The journey began on 12th march, 2022, with an orientation given regarding Co-Curricular Activities by Co-curricular activities in-charge Priti Ma'am and Bijoy Sir. Here they mentioned the criterias that we must focus on, the languages allowed, etc. They also explained how we can use different kinds of artforms to our advantage in the story.

After a couple days, we were divided into 8 groups where each group would consist of 6-7 people. Such a group division was done on the basis of the learner profile forms we had earlier filled. Such a form is used to gauge our attitudes, interests, skills, and knowledge. We were given the number 3A for our group, and our group members were, Aakansha Carvalho, 5, Sanica Coutinho, 8, Fatima Hasan, 15, Myron Gomes, 18, Joanita Gonsalves, 19, Adele Rodrigues, 39. Our plays were meant to be our mode of expression based on the basic Universal Apostolic Preferences. We were given an option to choose a theme via random selection, and through this process we got the **THEME: Journeying with the youth**. We wrote our script and determined what would be our scene choreography, songs, dance choreography, ppt, props, etc. throughout the month of April. We were given ample time to prepare and formulate ideas before we produced the rough draft of our ideas to our mentor, Mr Bijoy Thomas who gave us certain tips to improve our play. We also divided the responsibilities between each other, and spent our time discussing ideas and scenes to fit the story. The roles and responsibilities were distributed according to everyone's strengths. Myron took charge of the PPT, Fatima took charge of the dances, the script was put together by Joanita, Adele and Myron, the scene choreography was done by Sanica and Fatema, makeup by Akanksha, props and costumes were a team effort as we all did something to contribute.

Leading up to the day, every evening we came together to practice and work on different aspects of the play like songs, dance, costumes which we thoroughly enjoyed as everyone worked in unison. The play was put together with everyone's input and guidance from our mentor which made it one of a kind. With a lot of discussion we came up with the name Asha ke Kiran which we portrayed through the characters and the story line. The day of rehearsal 29th April included a run through of the play with the ppt and necessary cues.

On the day, Chantelle our SY friend made sure to comper the entire program with great flow of words, Geeta ma'am our in-charge principal gave us an insight as to why Co-Curricular activities are so important and how co-curricular activities are shaping the curricular process and enriching our experience at SXIE. Our manager Fr. Blaize gave us his blessings as he recalled an inspiration that helped him express his artistic side, his mother and his teacher. CCA professor in charge, Bijoy Sir, gave us some general instructions before we can start performing. One by one we get to experience the different worlds projected by our different FY groups. We were in awe as we were surprised by a flash mob performance by our SY students. They tried to exhibit the importance of the environment and sustainable development. Group 3A was fourth in line after group 1A who performed while we got a few minutes to put together our costumes and props while calming our nerves with a short prayer and reflection of goal. The performance went better

than expected as Cyrus from SY helped with the ppt cues. Everyone followed the flow of the play while acting to their best capabilities. Each of the group members sang or danced during the performance.

We also got to enjoy the creative expressions of other fellow students. Everyone put up a wonderful performance to display the Universal Apostolic Preference. Even the SY's got a chance to perform and creatively display the need to save and help our environment.

The finale was an altogether unforgettable experience as we all held hands in song, invited our fellow staff and students to work together to make a change, and ended the act with a bow.

We learned so many new perspectives as we saw the diff groups perform. Kileshwar from FYS shared his perspective on the performances whereas Remy shared her views on them. Priti ma'am then gave us a vote of thanks, Fr. Blaize shared his point of view regarding the bold, radical concepts shown during the day. Overall, it was a day of great value based artistic expression, that let us travel to different contexts and worlds.





 GPS Map Camera



Mumbai, Maharashtra, India

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Theme: Walking with the Excluded

Title of the Musical Play: The Housemaid

Mentor in-charge: Dr. Shadab Paloji

Group Members:

Neral Carval	Roll no. 4
Diana Paul Chiramal	Roll no. 6
Nevelle Coutinho	Roll no. 7
Nicole Gonsalves	Roll no. 20
Eslinda Nunes	Roll no. 32
Leeandra Pinto	Roll no. 38

The orientation for CCA was held on 12th March 2022. We were given instructions on performing a musical play of 20 mins based on one of the 4 UAPs. A musical play combines music, dance and acting in a unique way to express the life experience of a person whom one tries to emulate. A musical play is that through which one is able to touch the heart of the audience and strike a resonant chord in them. The instructions were given by the teacher coordinators of CCA, Ms. Priti Sivaramakrishnan and Dr. Bijoy K. Thomas. They mentioned to us about incorporating music, dialogues, props, costumes and stage space in our musical play. Post to our orientation session, we were divided into groups of 6 individuals based on learner's profiles. Later on, the assigned group leaders had to choose the theme of the play by picking chits. After this, we began brainstorming about the story of our musical play. We were allotted lectures for the same from 14th March 2022 onwards. By 11th April, we had to get our script confirmed by our guiding professor. The feedback received from our guiding professor helped us improve and give the script a finishing touch. Moreover, post lectures from 3 pm to 5 pm were reserved for our CCA practice.

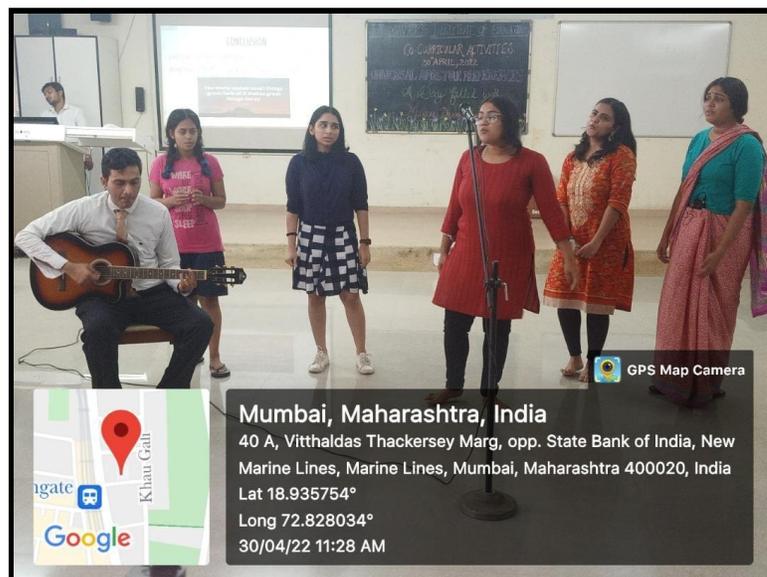
In our practices, we allotted certain days to work on our script and other days for choosing music for our play. With collaboration and proper planning, we could present a full-fledged play successfully.

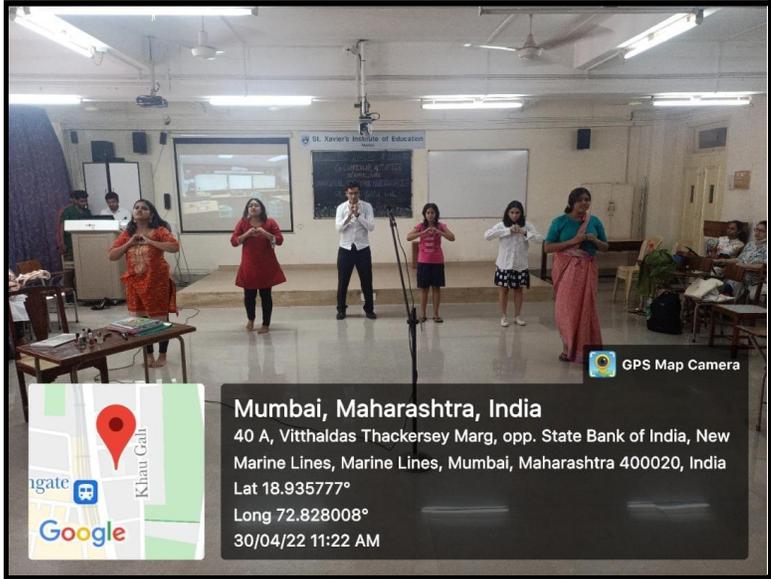
The CCA program held on the 30th April 2022 was a well-organized event of drama and art. It started off with a speech by the Principal in charge Dr. Geeta Shetty & Manager Fr. Blaise D'Souza. There were also certain instructions given to students by Prof. Dr. Bijoy. Following this, there was a beautiful enactment of musical plays. There were also a few performances by the SY students based on the environment. This program ended with a vote of thanks by FY & SY students and also by Ms. Priti. This was followed by a few inspiring words by Fr. Blaise.

To work together as a team was really a learning experience for all the team members. Each member of the group actively participated in the discussion and planning of the musical. As a team we showed great enthusiasm to give the best performance possible for the musical. We contributed in our own unique way which brought in a novelty in the musical. Each one's unique talent of acting, singing and dancing gave an amazing quality to our performance. Each one contributed to this musical in a unique way that led the entire play to stand out on the final day. As a group I believe that we bonded well with each other at an interpersonal level. All six of us were working together as a team and were able to understand and complement each other's weaknesses. Each member kept to the deadlines given to them and almost always, were ready to sacrifice their personal time whenever there was a need to do so. Each one's imagination and unique ideas brought in the required finesse to the musical play during the day of performance.

One of the team members felt that it is through the support of his entire group that it was possible for him to give such a good performance on the last day. The members felt that the group bonded over time during the practice sessions and that we got to know each other better.

The rehearsal and the performance of the musical play "The HouseMaid" based on the theme walking with the excluded was indeed an enriching experience for the entire group.





CCA (Co-curricular activities)

Group 2B

Group Theme: Journeying with the Youth

Title of the play: “Yuva”

Guiding Professor name: Ms. Kalpana Chawan

Group members:

Name	Roll no.
Delviya Misquitta	29
Aldrina	36
Fatema Ujjainwala	49
Dominica	02
Meral Dias	12
Vindhya	43

REPORT

Pre-CCA Activity:

On 12-March-2022, we got our orientation about the CCA activity at 8.30 am. Our professors first assorted us into 8 groups based on the learner profile forms we were asked to fill. We were then assigned a group topic, which was done through chit-drawing. The themes were based on the four UAP's, namely, Walking with the Excluded, Caring for our Common Home, Discernment and Journeying with Youth.

Our class was given almost a month to prepare for the activity which we thought was very sufficient. We made full use of the time provided to us by practicing every other day, brainstorming ideas, and finding creative ways to have our message sent across. The faculty members were very supportive in helping us get our play into action by letting us practice it after

college. The theme allocated to us was “Journeying with the Youth” and the title of our play was “YUVA”.

“I have come that you may have life and have it to the full”. (John 10:10)

Youth is a time for fundamental decisions and the beginning of fulfilling our dreams. And yet, young people today face enormous challenges: discernment, discrimination, uncertainty of relationships, depression, harassment and many more. We want to walk with them. Hand in hand as one soul. Let's all have a journey together.

Post-CCA Activity:

The CCA official programme was held on 30th April, 2022. Our event began at 10:30 AM in the multi purpose hall. The programme was inaugurated by our principal Dr. Geeta Shetty and our respected manager Fr. Blaise DSouza. Later, Professor Bijoy Thomas gave us instructions concerning the play. After this, all the groups from FY began presenting their plays one after the other. In between the plays, the SY students enhanced the event by presenting their flash mob skit plus dance performances. We got a lunch break in the middle of the event. After all the performances, Fr. Blaise DSouza gave an ending speech. The event ended at 3:00 pm with the College Song and the National Anthem.

OVERALL GROUP EXPERIENCE

Our overall group experience was interesting. We learned how to work as a team and develop leadership skills, it exposed us to multiple perspectives and made us think out of the box. Each member of the group brought their own unique ideas and context to the table and this helped each and everyone of us to execute and develop our play more beautifully.

CCA (Co-curricular activities)

Group 3B

Group Theme: Walking with the Excluded

Title of the play: "Main *BHI* Hoon Na"

Guiding Professor name: Nishi Kumar

Group members:

Name	Roll no.
Pooja Rudagi	41
Sally Rodrigues	40
Anjanaben Makwana	27
Kileshwar Pandey	33
Aarti Singh	44
Srishti Dedhia	11

A Brief Report:

Our group's play was called, "Main **BHI** Hoon Na", emphasis on 'bhi' because of our theme which portrayed transgender inclusivity in the society. Our play wanted to depict a place where transgender people are not just struggling but with a success in find education, employability, and finally acceptance.

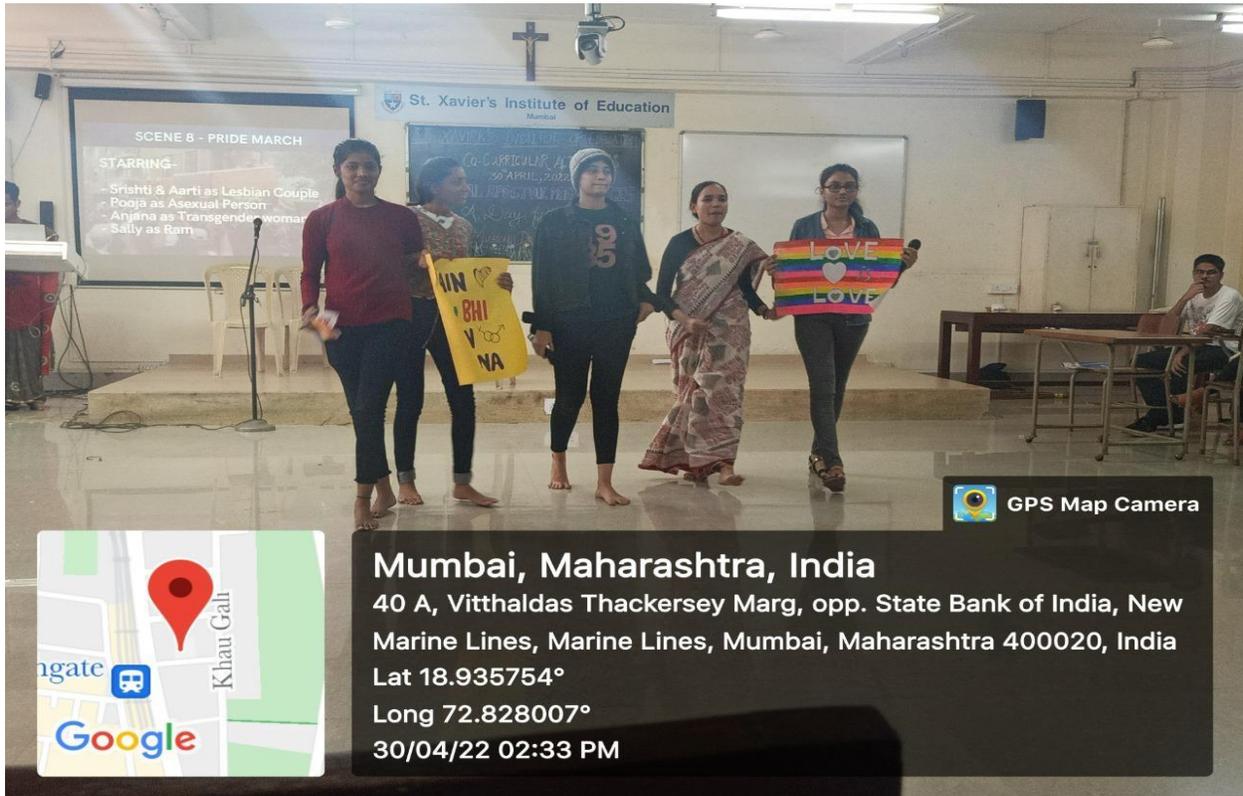
Our guiding professor, Nishi ma'am, was a great mentor and helped us to make the play what it was. She taught us much more about the transgender community than we already knew. For that we thank her very much.

On 12-March-2022, we got our orientation about the CCA activity at 8.30 am. Our professors first assorted us into 8 groups based on the learner profile forms we were asked to fill. We were then assigned a group topic, which was done through chit-drawing. The themes were based on the four UAPS, namely, walking with the Excluded, Caring for our Common Home, Discernment and Journeying with Youth.

Our class was given almost a month to prepare for the activity which we thought was very sufficient. We made full use of the time provided to us by practicing every other day, brainstorming ideas, and finding creative ways to have our message sent across. The faculty members were very supportive in helping us get our play into action by letting us practice it after college.

Our CCA (Co-Curricular Activities) based on Universal Apostolic Preferences was presented on 30th April, 2022 by F.Y.B.Ed. students. The program started at 10.30 am. In the beginning there was an inaugural speech by our principal-in-charge Geeta Shetty and by Father Blaise on the importance of co-curricular activities in education after that faculty coordinator in charge Bijoy Thomas gave us instructions about rules and regulations of the performance of CCA activity. Each group was given about 20 minutes to perform. The program ended by 3.00 pm.

As a group, we were resourceful, creative and hard-working. We six members collaborated with each other, writing scripts, making posters, and practicing, refining the play. We chose Kileshwar, to play the role of *Chandni*, a transgender individual who was banished from her home, Sally to play the role of *Ram*, Anjana, Aarti, Pooja, Srishti were the members who played *multiple roles*. It was a great experience for our team members as we were able to present our hard work and convey our thoughts through our play.



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Batch: F.Y.B.Ed.

Year: 2021-2022

Semester: 1

Name of the institute: St. Xavier's Institute of Education

CCA Activity Report

Group theme: To show the ways of God by spiritual exercises and discernment

Title of the play: Zindagi mili hai dobara

Group members name: Sinera Crasto

Saloni Tuscano

Deandra Selvanathan

Rhea Gonsalves

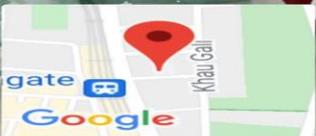
Sanorita Pereira

Sana Mulla

Guiding Professor's Name: Vini Sebastian

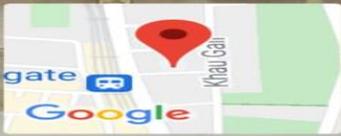
Brief Report of Pre CCA-Activity:

The orientation to CCA was conducted on 12th March 2022 at 8:45 a.m. by Priti ma'am and Bijoy sir. They gave us an insight about the CCA activity and explained the procedure of it. Things like the themes, time duration, dialogues and music in what language, groups, and teacher incharge of the groups were all discussed during the orientation. The class was divided into eight groups and each group had a guiding professor. The topics were allotted based on lottery system. Our group consisted of six members and the topic allotted to us was discernment. There was ample amount of time given for CCA practice and preparation. Our guiding professor Vini ma'am helped by explaining us in depth about our topic, as our topic discernment was a bit difficult to understand. Ma'am also suggested some great ideas due to which our group was able to plan out things properly and make our script interesting. As a group we faced challenges in writing the script as the topic was a bit difficult. But we were able to overcome it by putting forth various ideas and also with our guiding professors help. All our members actively contributed to the activity, when it comes to making of script, giving ideas and planning out things, or acting. The program for CCA presentation was conducted amazingly. The groups performed according to the order and each group was given 20 minutes to perform. Each group not only presented their play very creatively but also shared a strong message (regarding the theme). Our seniors (SY's) also presented great ideas like saving water, etc. through creative performances. It was a great experience to work in a group where every individual is able to put forth the ideas. As a group we learned different things from each other. Though there were challenges like whether we would be able to present our idea properly or while writing the script, with great teamwork we were able to up par all those challenges.



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GPS Map Camera



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CO-CURRICULAR ACTIVITY

Academic Year 2021-2022

First Year B.Ed.

Semester I



GROUP 1(B)

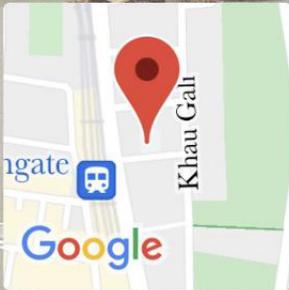
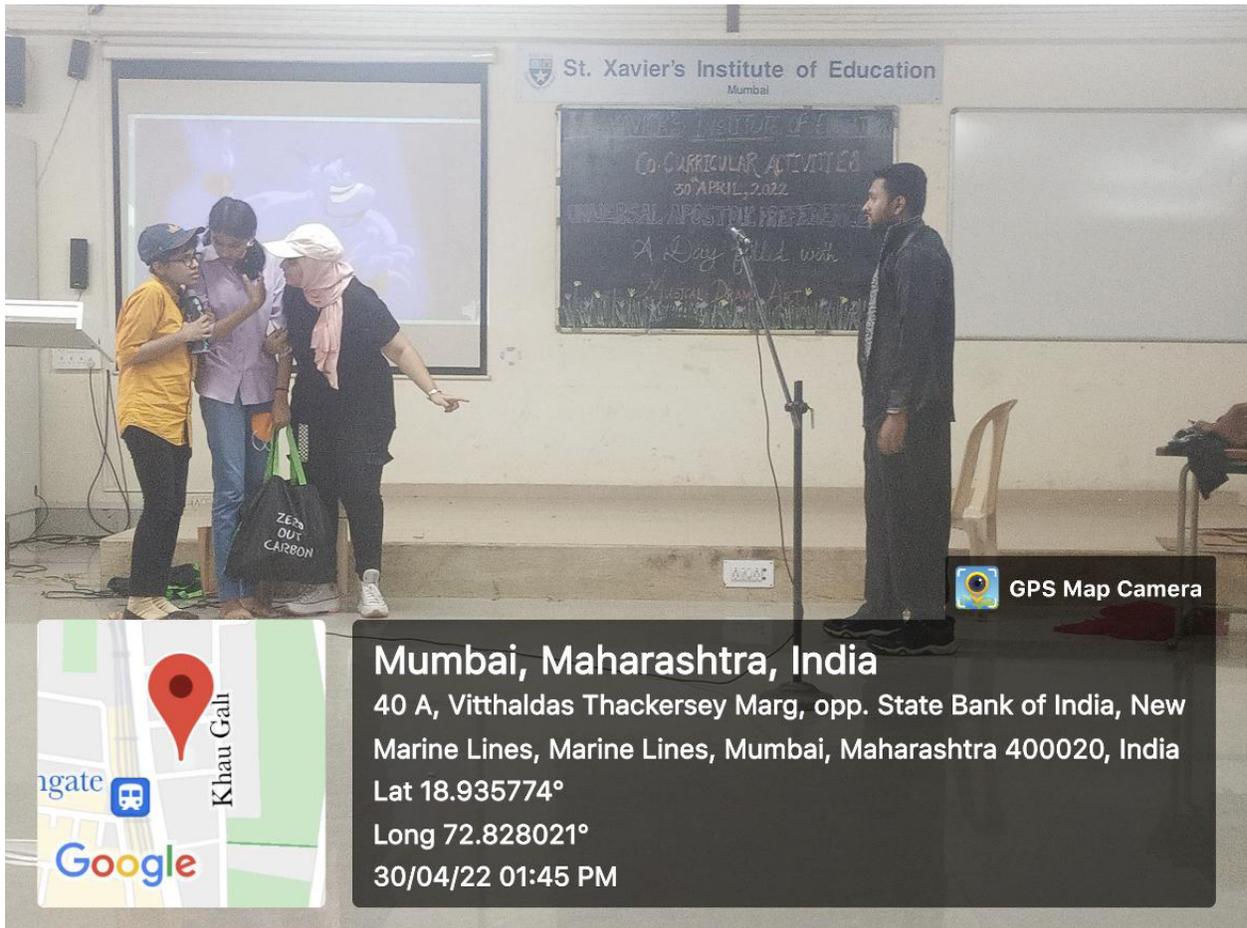
THEME- CARING FOR OUR COMMON HOME

TITLE- THERE IS NO PLANET B

BY

**PRATIKSHA (3), JOEL (14), SHARLET(17),
NIMRA (24), BLESSY (34), KINJAL (47)**

PROFESSOR- DR. GEETA SHETTY



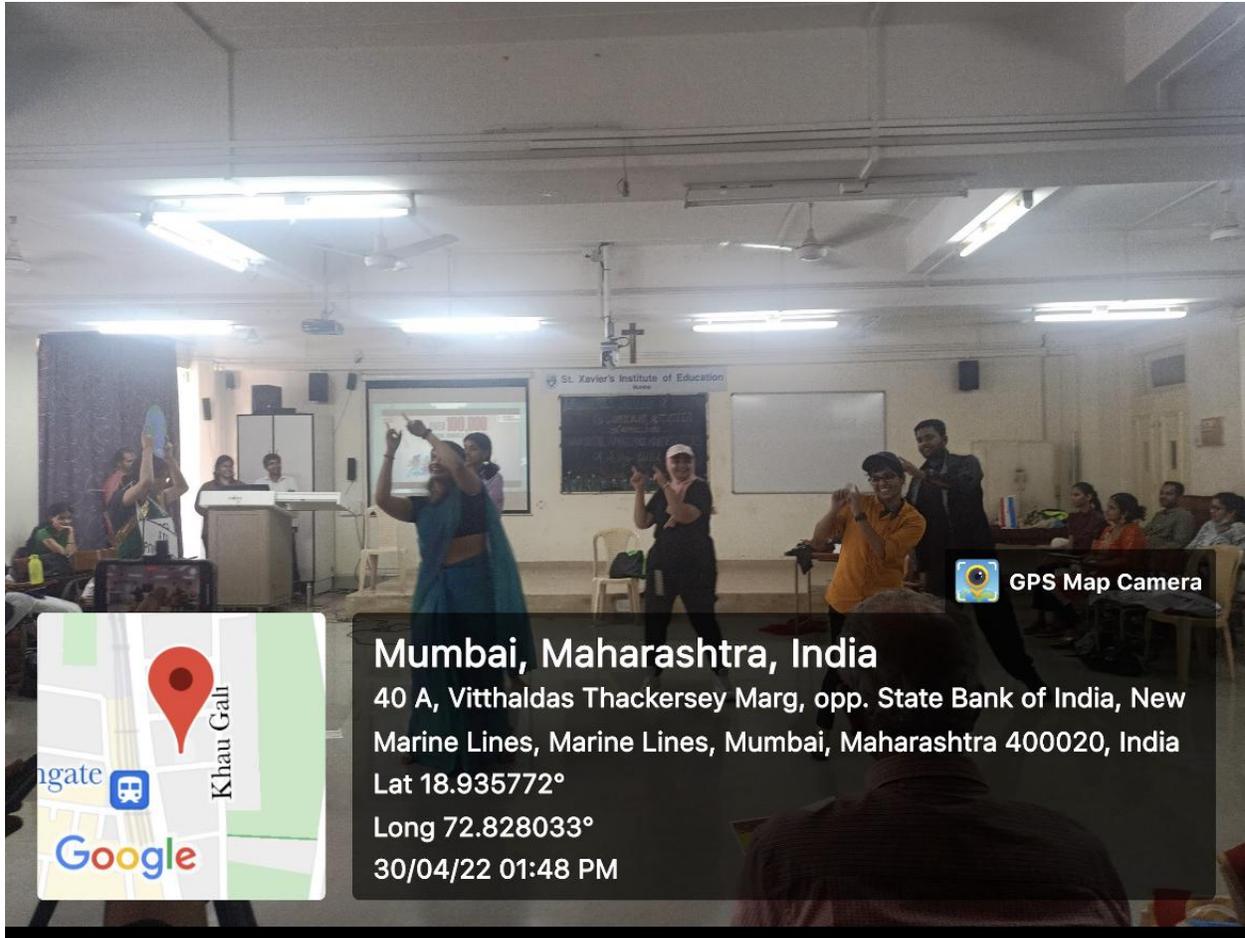
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Orientation:

The orientation to the CCA activity was held on 12th of March, 2022 at 8:45 am by Dr. Bijoy Thomas and Ms. Priti Shivaramakrishnan. They oriented us about what exactly is a co-curricular activity and its importance in B.Ed. programme. We were also explained about the marking scheme and certain instructions that we needed to follow during the play. We were then divided into 8 different groups based on the four UAPs. The allocation of members in each group was done on the basis of the learner profile. The teacher incharge and the theme was based on the lottery system. We were allocated Group 1(B) and Dr. Geeta Shetty was our teacher incharge. The theme given to us was ‘Caring For Our Common Home’. We as a group had discussions about the storyline, writing of the script, characterization and the dialogues. Later we had a draft ready which we showed to our teacher incharge and based on her suggestions, we made a few changes to our script. We were also given time to practice for the activity by the college. In that allocated time, we made our own props and practiced for the play simultaneously.

"Earth provides enough to satisfy every man's needs, but not every man's greed". - Mahatma Gandhi

The play depicted how we, knowingly or unknowingly are gradually destroying our Mother Earth. The play had a look at what happens when man's greed takes over his need, hindering the growth of mankind.

Program details:

The CCA activity was slated to happen on the 30th of April, 2022. It started at 10:30 am and went on till 3:00pm. The sequence of the performance was also lottery based. We had our Manager, Fr. Blaize D'Souza, all our teachers and our seniors as the audience. The program began by Dr. Bijoy Thomas giving us instructions regarding the activity, followed by our Manager Fr. Blaize and Principal Incharge Dr. Geeta Shetty introducing the CCA program to us. Based on the sequence given, the groups came up to perform one by one.

After 15 minutes into each play, the first bell was rung followed by a final bell after 20 minutes. We also had wonderful performances by some of our seniors too. The compering was done by Chantelle (S.Y.B.Ed.). Technical arrangements were done by Cyrus and Renita (S.Y.B.Ed.). In the end, Kileshwar (F.Y.B.Ed.) and Remy (S.Y.B.Ed.) expressed a few reflective thoughts about the program. The program ended with Ms. Priti Shivaramakrishnan giving the Vote of Thanks for the program followed by the College Anthem and National Anthem

Summary of group experience:

The musical role play on the theme 'Caring For Our Common Home' was an amazing experience as it enhanced our teaching strategy through learning by observation and experiences. It also made us more interested to know the topic more as it was something that we see happening in and around us everyday. This musical play allowed us to know our group members' strengths, weaknesses and talents. We had a fulfilling time discussing, co-ordinating and incorporating real life scenarios and our perception and ideas into our play and also created a great bonding among each other. It helped us to understand the current scenarios and ways to improve it.

